

# Senior News & Views

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## Real ID

In 2005 US Congress established minimum security standards for state-issued Driver's Licenses and Identification cards. The Real ID Act is a coordinated effort by the states and the federal government to improve the reliability and accuracy of state-issued identification documents, which should inhibit terrorists' ability to evade detection by using fraudulent identification. Kansas Real ID compliant cards will contain a gold circle with a star cut out

symbol printed in the top third of the card on the front right side. This symbol indicates the card meets the Real ID Act requirements effective October 1, 2020. After this date, every traveler will need a Real ID Compliant Driver's License or Identification Card to board an airplane or enter a designated federal facility within the U.S. Starting August 1, 2017, State of Kansas residents will have the option to choose between either a Real ID Card or a

Non-Real ID Card. There are no changes to fees for Kansas cards. You can use the Non-Real ID Kansas Driver's license or Identification Card to board a plane or enter a federal facility until September 30, 2020. So if you are needing to get your Driver's License renewed in the next couple of years you might want to consider this option before 2020. If you are wanting to get the Real ID Driver's License then you will need to present one of the following

*Christmas*  
"Blessed is the season which engages the whole world in a conspiracy of love"



By: Winston Churchill



"Merry Christmas  
Happy New Year!"



Gayla  
Lanell  
Barbara

## LAFF FOR THE DAY:

What do snakes sing at Christmas?



SSsssilver Bells!

## Laminating Cards a No-No

Over the years I have had people come into my office with laminated Medicare or Social Security cards or with cards that are pretty hard to read. The question arises should they have

laminated the card or they are thinking about laminating the card because the card is falling apart. When you receive the cards they tell you not to laminate these cards. Why should

you not laminate these cards? Lamination prevents detection of many security features. If you lose, laminated or have damaged Medicare or (Laminating Cards see Page 2)

## Older Driver Safety Awareness

Older Driver Safety Awareness Week was December 4 through 8. Driving helps persons 65 and older stay mobile and independent. However, as we age, declines in vision and cognition (ability to reason and remember) and physical changes may affect driving. Certain medical problems such as heart disease, dementia, sleep disorders and limited hearing and vision place older adults at an increased risk

of car crashes. Additionally medicines both prescription and over the counter, such as those used for sleep, mood, pain and/or allergies among others may affect driving safety. Older drivers are also at an increased risk of being injured or killed in a crash due to frailty and underlying health problems. Here are some steps that older adults can take to stay safe on the road: Discuss with your doctor how your medical condition can

medications with your pharmacist or doctor if you experience any side effects that could interfere with safe driving such as blurry vision, dizziness, sleepiness, confusion, fatigue and/or loss of consciousness. Have your eyes checked by an eye doctor at least once a year. Plan your route before you drive.



## Yearly Eye Exams

Medicare does not cover routine yearly eye exams. Medicare Part B does cover yearly eye exam for individuals' with diabetic retinopathy by an eye doctor who's legally allowed to do the test in your state. Medicare Part B covers a glaucoma test once every 12 months for people at high risk for

coma. It also covers certain diagnostic tests and treatments of diseases and conditions of eye, including treatment with certain inject drugs.



## Laminating Cards

(from page 1)

Social Security card it isn't that difficult to get it replaced. You can apply online or visit a Social Security Office. You will need to show such documents as a birth certificate, US Driver's license and your US passport to verify your identity.

### CONGRATULATIONS

### KANSAS

on your  
157th Birthday  
January 29, 2018



### OLDER KANSANS DAY



February 14, 2018  
Topeka, Kansas

### HANDY HINT:

#### A Bright Idea!

If you have a candle in a hard to reach place you can use uncooked spaghetti to light it.



## Kansas Soundscapes

The Winfield Arts & Humanities Council has announced its 28th Annual Kansas Voices. Entrants must live in Kansas. Entries in the 23rd Annual Kansas Voices statewide writing contest are due March 15. The contest has adult and youth divisions for poetry and short stories. Each entry must be an unpublished poem or short story, accompanied by an official

entry form and a \$4.00 entry fee. The Arts & Humanities Council will award \$1,050 of prizes to the top writers: \$275 to the poetry and short story winners in the adult division. Entries are due by March 9, 2018. Winners will be invited to read their work at a special presentation on May 6 at the Baden Square, Winfield, Kansas. For guidelines or entry forms call (620)-221-2161, Ext. 10 or

write to Winfield Arts & Humanities Council, 700 Gary, Winfield, Kansas. 67156 or visit <http://www.winfieldarts.com>



## Real ID (from page 1)

Real ID acceptable documents to qualify. A valid U.S. Passport or Birth Certificate (not a copy or one from the hospital) and Social Security (not laminated), valid VISA, Valid Permanent Resident Card, Valid employment Authorization Card. If your name is presently different from your birth certificate due to marriage then you will

need to have a certified Marriage license from the Office of vital statistics. If you don't want a Real ID Card because you don't ever plan to fly or go into a federal building you can still get a Non-Real ID Driver's License or identification card after 2020. The Marion County Dept. on Aging can help you get

applications from Vital Statistics Office or help you apply online. Call us at 620-382-3580 if you need assistance.



## Mark your calendar for the upcoming events: ✓

### JANUARY:

January 19-SCMC Bd. Mtg.-Hillsboro Durham

### FEBRUARY:

February 16-SCMC Bd. Mtg.-



### Holiday Closing Dates for the County Courthouse and Marion County Dept. on Aging:

December 25 & 26-Christmas, January 1-New Year's Day, January 15-Martin Luther King, Jr. Day and February 19-President's Day.

Nutrition-Sites will be closed on January 15, Martin Luther King, Jr. Day.

**Senior Citizens of Marion County, Inc.**

**309 South Third**

**Marion, KS. 66861**

**620-382-3580**

**aging@marioncoks.net**

**Non-Profit**

**U.S. Postage Paid**

**Permit 20**

**Marion, Kansas. 66861**

**Address Service Requested**

**Drivers License Renewal: Vehicle Dept. Courthouse Tuesday through Friday:**

**8:30 a.m. to 4:00 p.m. Ph. 620-382-3106**

**Keep the following agencies & phone numbers handy:**

**Marion County Health Department all day clinics on Wednesdays - 620-382-2550**

**Marion County Home Care - Marion - 620-382-3690**

**Mental Health Service - Hillsboro - 620-947-3200**

**Veteran Service Rep. - 2nd Tues. even number months-10:00 a.m. at Marion Sr. Center**

**Social Security - Toll Free-1-800-772-1213 or call Salina Office-1-877-405-3494**

**Dept. of Children & Families - Newton Office -1-888-369-4777 or 316-283-3015**

**Central Home Care - Newton - 316-283-8220 or 1-800-301-9499**

**Harry Hynes Memorial Hospice - Wichita-1-800-767-4965**

**Gentiva Hospice of Kansas - McPherson - 1-800-854-4802**

**Kansas Alzheimer's Help Line - 1-800-432-3535**

**DO NOT CALL LIST - 1-888-382-1222 - To have your phone number removed from the telemarketers call list you must dial this number from your home or cellular phone.**

**EMERGENCIES DIAL 911**