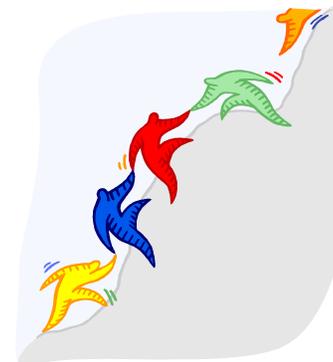


**Marion County Resource Guide  
For Aging Services**



**Information and Assistance on the  
Resources Available in Marion County  
And Surrounding Areas (State/Federal)**

**Marion County Department on Aging  
Update August 2022**

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**Adult Abuse**

Abuse is a form of mistreatment by one individual that causes harm to another person, who is 18 years and older.

These are commonly reported types of abuse:

**Physical abuse:** may include slapping, hitting, beating, bruising or causing someone physical pain, injury or suffering. This also could include confining an adult against his/her will, such as locking someone in a room or tying him/her to furniture.

**Emotional abuse:** involves creating emotional pain, distress or anguish through the use of threats, intimidation or humiliation. This includes insults, yelling or threats of harm and/or isolation, or non-verbal actions such as throwing objects or glaring to project fear and/or intimidation.

**Neglect:** includes failures by individuals to support the physical, emotional and social needs of possessions or assets of adults. Also includes using another's assets without consent, under false pretense, or through coercion and/or manipulation.

**Abandonment:** involves desertion by anyone who assumed caregiving responsibilities for an adult.

**Sexual abuse:** includes physical force, threats or coercion to facilitate non-consensual touching, fondling, intercourse or other sexual activities. This is particularly true with vulnerable adults who are unable to give consent or comprehend the nature of these actions.

**Self-neglect:** involves seniors or adults who are unable to give consent or comprehend the nature of these actions.

**Isolation:** involves restricting visits from family and friends or preventing contact via telephone or mail correspondence.

**Financial or material exploitation:** includes the misuse, mishandling or exploitation of property, possessions or assets of adults. Also includes using another's assets without consent, under false pretense, or through coercion and/or manipulation. Signs of financial exploitation: cashing checks without authorization or permission, misusing or stealing a person's money or possessions, coercing or deceiving a person into signing documents such as a contract or will, improper use of conservatorship,

Guardianship or power of attorney, changing account beneficiaries, sudden unexplained changes in bank accounts or banking practices, unexplained withdrawal of money by a person accompanying the account holder, adding additional names to bank accounts or signature cards, unapproved withdrawal of funds using an ATM card, new applications for credit cards or banking cards.

**Self-neglect:** involves seniors or adults with disabilities who fail to meet their own essential physical, psychological or social needs, which threatens their health, safety and well-being. This includes failure to provide adequate food, clothing, shelter and health care for one's own needs.

### **When to Report Checklist:**

If you witness a life-threatening situation involving a senior or adult with disabilities, dial 911. Contact your local Adult Protective Services agency any time you observe or suspect the following:

Sudden inability to meet essential physical, psychological or social needs threatening health, safety or well-being  
Disappearing from contact with neighbors, friends or family  
Bruising or welts on the skin, especially those appearing on the face or lateral and anterior region of the arms (physically abused elders are much more likely to display bruises than seniors injured by accident)  
Fingerprints or handprints visible on the face, neck, arms or wrists  
Burns from scalding, cigarettes, or in shapes of objects such as an iron  
Cuts, lacerations or puncture wounds  
Sprains, fractures or dislocations  
Internal injuries or vomiting  
Appearing with torn, stained, bloody clothing  
Appearing disheveled, in soiled clothing or inappropriately attired for climate  
Appearing hungry, malnourished, disoriented or confused.

**Most common signs of self-neglect:**

Inadequate heating, plumbing or electrical service disconnected  
Pathways unclear due to large amounts of clutter  
Animal feces in home  
Residence is extremely dirty, filled with garbage, or very poorly maintained  
Not cashing monthly checks  
Needing medical care, but not seeking and/or refusing care  
Lacking fresh food, possessing only spoiled food, or not eating  
Refusing to allow visitors into residence  
Giving away money inappropriately  
Dressing inappropriately for existing weather conditions.

**Kansas Adult Protective Services**

Adult in Community: Call 1-800-922-5330

Adult in Nursing Care Home: Call 1-800-842-0078

Immediate Physical Danger: Call 911

[www.dcf.org](http://www.dcf.org)

**Purpose:** Adult Protective Services (APS) responds to reports of abuse, neglect or exploitation of adults. Intervention is available to adults age 18 and older who are unable to protect themselves. This includes individuals who have physical, emotional or mental impairments. These impairments may limit their ability to manage their homes or their personal or financial affairs. Intervention actions are taken to safeguard the safety, well being and general welfare of adults in need of protection.

**Services:** Once the information in the report has been collected, the information is screened by a licensed social worker. A worker response time based on situation will be 24 hour, 3 day or up to 5 days.

**How to Report:** Call the numbers above and you can request your name not be used and also ask to receive information on outcome.

**SafeHope**

PO Box 942

Newton, KS 67114

24-hour crisis line: 316-283-0350 or 1-800-487-0510

**Purpose:** SafeHope, Inc., based in Newton, Kansas, provides advocacy and support to all survivors and secondary victims of domestic and sexual violence, and stalking in Harvey, Marion and McPherson counties. SafeHope creates a safe environment for survivors of domestic violence and sexual assault to understand the resources and options available to them and get support as they begin to heal from the trauma.

**Services:** 24-Hour Help Line, Crisis Intervention, Personal Advocacy, Medical Advocacy, Court Advocacy, Law Enforcement Advocacy, Emergency Accommodations, Shelter, Supportive Counseling and Services, Support Group, Community Awareness and Education, Parent and Child Advocacy

## Activities for Seniors

### America the Beautiful Senior Pass

**Purpose:** Allows pass owner and accompanying passengers in a single, private, non-commercial vehicle to enter Federal National Parks and Federal recreational land across the country. Covers the pass owner and three (3) accompanying adults age 16 and older at sites where per person entrance fees are charged. No entry fee charged for children 15 and under.

**Eligibility:** United States Citizens or permanent residents 62 years of age or older

**Cost:** The annual fee is \$20 and Lifetime pass is \$80 for seniors. Cost online annual application is \$30.

**How to Apply:** May be obtained in person at a Federal recreation site, online site, or through the mail using the application form.

Online site: <https://store.usgs.gov/senior-annual>

## Tabor College Lifelong Learning

400 S Jefferson, Hillsboro, KS 67063

**Purpose:** Enrich mature adults lives by providing inspirational, learning and fellowship in a Christian college setting.

**Frequency:** 12-18 sessions per school year on Fri. mornings at 9:45 am Heritage Lobby in the Shari Flaming Center for the Arts.

**Services:** Meeting place is on ground-level, climate controlled, and padded chairs. Presentations include featured speakers (local, state and out of state) and musical groups with the aid of amplification, digital projectors, and handouts. Tabor cafeteria is available to registrants at their all-you-can-eat lunch at a special discount price.

**How to Apply:** Contact Tabor Advancement office 947-3121 ext. 1709 for schedule of sessions. Anyone can attend. Give your name and address at the door to receive brochure.

**Fees:** Membership for semester series is \$15 per person for semester or \$29 a couple or \$5 for one session.

### **Adult Day Care**

Adult Day Care Centers are designed to provide care and companionship for older adults who need assistance or supervision during the day. Programs offer relief to family members and caregivers, allowing them to go to work, handle personal business, or just relax while knowing their relative is well cared for and safe.

The goals of the programs are to delay or prevent institutionalization by providing alternative care, to enhance self-esteem, and to encourage socialization. Some of the Marion County nursing home may provide some day care services. You would need to contact them to see if they provide this care and the cost.

### **Bluestem PACE**

113 S Ash

McPherson, KS 67460

844-588-7223

[info@bluestempace.org](mailto:info@bluestempace.org)

**Purpose:** is a comprehensive, holistic, managed-care program. The goal of PACE is to assist frail seniors, who can safely live at home upon program entry, continue to live at home as long as possible.

**Services:** PACE organizations provide an entire range of medical care, long-term services and support needed by older adults. These include primary and specialty medical care; in-home services; prescription drugs; specialty care such as audiology, dentistry, optometry, podiatry and speech therapy; respite care; transportation; adult day services, including nursing, meals, nutritional counseling, social work, personal care, and physical, occupational and recreational therapies; and hospital and nursing home care, when necessary.

**Eligibility:** A person who meets all of the following requirements is eligible for PACE: Eligible for

services according to state of Kansas guidelines age 55 and older, Assessed to be safe in the community with PACE services at the time of enrollment and must live in the PACE service area: Marion, Dickinson, McPherson, Harvey and 6 other surrounding counties.

**Cost:** PACE organizations receive fixed monthly payments from Medicare, Medicaid and private payers (for program participants who are not dually eligible).

### **Alcohol and Drug Services**

#### **Alcohol & Drug Services Alcoholics Anonymous**

1014 E Melvin-St Luke's Clinic Basement  
620-382-6300  
Monday 8:00 pm

### **Celebrate Recovery**

610 S. Main St., Hillsboro, KS 67063

Pastor John Baker, Founder, Celebrate Recovery

<http://www.celebraterecovery.com>

**Purpose:** To provide fellowship and celebrate God's healing power in our lives through the "Eight Recovery Principles", based on the Beatitudes. A Christ-Centered Recovery Program.

**Frequency:** Every Sunday night at 105 N. Main, Hillsboro Kansas even if a holiday.

**Services:** A safe place to bring your hurts, habits and hang-ups. Provide a time of food, worship, healing and fellowship. Schedule: Fellowship-6:30 p.m. Worship & Large Group-7:00 p.m., Small Group-8:00 p.m. and Solid Rock Café-9:00 p.m.

**Eligibility:** Must be 18 years of age and out of high school to be a participant. (Childcare will be provided)

**How to apply:** Contact: Dale Nuss 620-877-7211 for information.

## **Other Celebrate Recovery in Area**

### **River Point Church**

722 N. Main, Newton, Kansas 67114 United States  
316-804-4920

Category: Group Celebrate Recovery

Contact: Stan Crawley

Meeting Time: Tuesday 7:00 PM

### **Country Side Covenant Church**

940 E. Northview, McPherson, Kansas 67460  
620-241-2638

Category: Group Celebrate Recovery

Contact: Chuck Horn

Meeting Time: Tuesday 6:15 PM

## **Hope at Home**

Alcoholics Anonymous Telephone Meeting

Mondays at 8 pm

Dial 712-770-4010

Access code: 688-992

Service: Telephone meeting is free. The connection is occasionally busy. If this happens, please hang up and call right back. Once the access code is entered you will be asked to announce yourself then you will be conferenced in to the meeting.

## **Prairie View**

508 S. Ash, PO Box 185 Hillsboro, KS. 67063  
620-947-3200 or 800-362-0180 or Fax 620-947-3845  
Hours: Mondays & Wednesdays 8:00 am – 8:00 pm  
Tuesdays, Thursdays & Fridays 8:00 am – 5:00 pm

**Purpose:** To help individuals dealing with alcohol and drug addiction.

**How to Apply:** Call office for Substance Use Evaluations (SAE) to determine if a substance use disorder exists, and to assist in determining what level of treatment best meets your needs.

**Cost:** Services vary but may be eligible for coverage under major medical insurance, Medicaid, Medicare, sliding fee scale, or charitable patient assistance funds. Self-pay and financing options are also available.

## **Alzheimer Disease**

Alzheimer's disease is an irreversible, progressive brain disorder that slowly destroys memory and thinking skills, and eventually the ability to carry out the simplest tasks. In most people with Alzheimer's, symptoms first appear in their mid-60s.

### **10 Signs of Alzheimer Disease**

#### **MEMORY LOSS THAT DISRUPTS DAILY**

**LIFE:** One of the most common signs of Alzheimer's is memory loss, especially forgetting recently learned information. Others include forgetting important dates or events; asking for the same information over and over; increasingly needing to rely on memory aids (e.g., reminder notes or electronic devices) or family members for things they used to handle on their own.

What's a typical age-related change?

Sometimes forgetting names or appointments, but remembering them later.

**CHALLENGES IN PLANNING OR SOLVING**

**PROBLEMS:** Some people may experience changes in their ability to develop and follow a plan or work with numbers. They may have trouble following a familiar recipe or keeping track of monthly bills. They may have difficulty concentrating and take much longer to do things than they did before.

What's a typical age-related change?

Making occasional errors when balancing a checkbook.

**DIFFICULTY COMPLETING FAMILIAR TASKS AT HOME, AT WORK OR AT**

**LEISURE:** People with Alzheimer's often find it hard to complete daily tasks. Sometimes, people may have trouble driving to a familiar location, managing a budget at work or remembering the rules of a favorite game.

What's a typical age-related change?

Occasionally needing help to use the settings on a microwave or to record a television show.

**CONFUSION WITH TIME OR PLACE:** People with Alzheimer's can lose track of dates, seasons and the passage of time. They may have trouble understanding something if it is not happening immediately. Sometimes they may forget where they are or how they got there.

What's a typical age-related change?

Getting confused about the day of the week but figuring it out later.

**TROUBLE UNDERSTANDING VISUAL IMAGES AND SPATIAL RELATIONSHIPS:**

For some people, having vision problems is a sign of Alzheimer's. They may have difficulty reading, judging distance and determining color or contrast, which may cause problems with driving.

What's a typical age-related change?

Vision changes related to cataracts

**NEW PROBLEMS WITH WORDS IN SPEAKING OR WRITING:**

People with Alzheimer's may have trouble following or joining a conversation. They may stop in the middle of a

conversation and have no idea how to continue or they may repeat themselves. They may struggle with vocabulary, have problems finding the right word or call things by the wrong name (e.g., calling a “watch” a “hand-clock”).

What’s a typical age-related change?

Sometimes having trouble finding the right word

**MISPLACING THINGS AND LOSING THE ABILITY TO RETRACE STEPS:** A person with Alzheimer’s disease may put things in unusual places. They may lose things and be unable to go back over their steps to find them again. Sometimes, they may accuse others of stealing. This may occur more frequently over time.

What’s a typical age-related change?

Misplacing things from time to time and retracing steps to find them.

**DECREASED OR POOR JUDGMENT:** People with Alzheimer’s may experience changes in judgment or decision-making. For example, they may

use poor judgment when dealing with money, giving large amounts to telemarketers. They may pay less attention to grooming or keeping themselves clean.

What’s a typical age-related change?

Making a bad decision once in a while.

**WITHDRAWAL FROM WORK OR SOCIAL ACTIVITIES:** A person with Alzheimer’s may start to remove themselves from hobbies, social activities, work projects or sports. They may have trouble keeping up with a favorite sports team or remembering how to complete a favorite hobby. They may also avoid being social because of the changes they have experienced.

What’s a typical age-related change?

Sometimes feeling weary of work, family and social obligations.

**CHANGES IN MOOD AND PERSONALITY:** The mood and personalities of people with Alzheimer’s can change. They can become confused, suspicious, depressed, fearful or anxious. They may be easily upset at home, at work, with friends or in

places where they are out of their comfort zone.

What's a typical age-related change?

Developing very specific ways of doing things and becoming irritable when a routine is disrupted.

## **WHAT TO DO IF YOU NOTICE THESE SIGNS**

If you notice any of the 10 Warning Signs of Alzheimer's in yourself or someone you know, don't ignore them. Schedule an appointment with your doctor.

With early detection, you can: Get the maximum benefit from available treatments – You can explore treatments that may provide some relief of symptoms and help you maintain a level of independence longer. You may also increase your chances of participating in clinical drug trials that help advance research.

## **Care for the Caregiver**

Caring for a loved one strains even the most resilient people. If you're a caregiver, take steps to preserve your own health and well-being.

Signs you may be under stress: anger, inability to concentrate, unproductive worry, sadness and periodic crying, frequent mood swings, stooped posture, sweaty palms, tension headaches, neck pain, chronic back pain, chronic fatigue, weight gain or loss, problems with sleep, overeating, acting on impulse, using alcohol or drugs, withdrawing from relationships and changing jobs often.

Online Caregiving resources:

[www.aarp.org/caregiving](http://www.aarp.org/caregiving)

[www.caregiver.com](http://www.caregiver.com)

### **Alzheimer's Association**

1820 E Douglas Ave  
Wichita, KS 67214  
316-267-7333

Helpline 24 hours a day/7 days a week  
1-800-272-3900

[www.alz.org](http://www.alz.org)

**Purpose:** Supporting families and friends of those afflicted with Alzheimer's disease through education, support networks, and crisis management. Provide educational opportunities for caregivers, both family and professional.

**Services:** Helpline available 24 hours a day/7 days a week, the helpline can put a person in touch with staff who have experience working with Alzheimer's patients and their caregivers. Staff are available to direct families toward services.

Support groups: Newton: Presbyterian Manor  
1<sup>st</sup> Thursday at 7:00 pm 1200 E 7<sup>th</sup> Newton  
Contact: Laura Stewart at 316-283-5400  
[lstewart2@pmma.org](mailto:lstewart2@pmma.org)

Hesston: Schowalter Villa  
3<sup>rd</sup> Tues at 3:00 pm 200 W Cedar, Hesston,  
Contact: Marion Heidner at 620-327-3400

### **Assistive Devices/Technology Equipment**

Assistive technology is an umbrella term that includes assistive, adaptive, and rehabilitative devices for people with disabilities while also including the process used in selecting, locating, and using them. People who have disabilities often have difficulty performing activities of daily living (ADLs) independently, or even with assistance. ADLs are self-care activities that include toileting, mobility (ambulation), eating, bathing, dressing and grooming. Assistive technology can ameliorate the effects of disabilities that limit the ability to perform ADLs. Assistive technology promotes greater independence by enabling people to perform tasks they were formerly unable to accomplish, or had great difficulty accomplishing, by providing enhancements to, or changing methods of interacting with, the technology needed to accomplish such tasks.

### **Dee's Closet**

Call: Connie at 785-965-7138 or  
Kathy at 785-965-7516

**Purpose:** To provide durable medical equipment in the Tampa, KS area.

**Services:** To loan out durable medical equipment to individuals, who are in need of temporary use of equipment or permanently.

**Apply:** No cost for this service and you call the numbers above to check out the medical equipment.

### **Durable Medical Equipment (DME)**

Durable Medical Equipment is any equipment that provides therapeutic benefits to a patient in need because of certain medical conditions and/or illnesses. DME includes, but is not limited to, wheelchairs, traction equipment, canes, crutches, walkers, kidney machines, ventilators, oxygen, monitors, pressure mattresses, lifts, and nebulizers.

**In order for Medicare to help you pay for these items you need an order by a Medicare approved doctor or other health care provider and equipment supplier for use of the equipment in your home.** If your doctors or suppliers aren't enrolled, Medicare won't pay the claims they submit. It is important to ask your suppliers if they participate in Medicare before you get DME. This is just a list of a few suppliers, who may provide some equipment in our surrounding area. For a more detailed list go to:  
<https://www.medicare.gov/supplierdirectory/search.html>.

HILLSBORO HOMETOWN PHARMACY  
507 N Ash  
Hillsboro, KS 67063  
(620) 947-3784

LANNING PHARMACY  
217 E Main  
Marion, KS 66861  
(620)382-2135

DILLON COMPANIES Inc.  
1320 N Main St  
McPherson, KS 67460  
(620) 241-6108

KANSAS CVS PHARMACY  
681 S Ohio St  
Salina, KS 67401  
(785) 309-0618

FIRSTCARE INC / FIRST CARE  
625 N Carriage Pkwy 180  
WICHITA, KS 67208  
(316) 685-5400

VIA CHRISTI HOME MEDICAL WICHITA, LLC/  
VIA CHIRSTI HOME MEDICAL  
555 S Washington St Suite 101  
Wichita, KS 67211  
(316) 265-4491

BROADWAY HOME MEDICAL, INC/  
Broadway Home Medical  
808 S Hillside  
Wichita, KS 67211  
(316)264-8600

### **Lift Chair**

Medicare will only reimburse for the lifting mechanism of the lift chair (the motor and levers). The reimbursement is only for 80% of the lifting mechanism. The remaining 20% of the lifting mechanism and the chair itself will not be reimbursed. Reimbursement is capped at different amounts for different states. Also, please keep in mind that Medicare will not pay for a lift chair if they have already made payment on a manual or power wheelchair. **Medicare will only cover your DME**

**if your doctors and DME suppliers are enrolled in Medicare.**

You may be eligible for Medicare coverage of a seat lift if:

- You have severe arthritis in your hip or knee
- You have muscular dystrophy or another type of neuromuscular disease.
- Your doctor determines that regular movement is medically necessary and that the seat lift may improve your condition or prevent it from getting worse. The seat lift must be prescribed as part of your treatment plan.
- Because of your condition, you are unable to stand up and would otherwise be confined to a chair or bed without the equipment.
- You're able to control the seat lift yourself, the device operates smoothly, and the equipment helps you sit or stand without other help.

**Hillsboro American Legion**  
405 S. Floral, Hillsboro, KS. 67063  
620-947-3624

**Service:** Provides equipment to individuals: wheelchairs, walkers, crutches, stool risers, shower seats, hospital beds and four-legged canes.

**How to Apply:** Call Hillsboro American Legion

**Fees:** A deposit is required and returned when equipment is returned to American Legion.

**Josie's Closet**  
Goessel Mennonite Church  
109 S Church St.  
Goessel, KS 67053  
(620)747-9359

[josieclosetmedequip@gmail.com](mailto:josieclosetmedequip@gmail.com)

**Service:** Provides medical equipment at no cost to those in need. Medical equipment includes bed-assist rails, shower chairs, commodes, stool risers  
Wheeled walkers, wheelchairs and transport chairs, knee walker, canes and crutches.

**How to Apply:** Call or email. You will be asked to sign an agreement to return the loaned items when they are no longer needed.

Appreciate equipment donations in good condition.

### **K-Loan**

PO Box D or 1714 Main – Parsons, KS 67357

866-465-2826

[www.k-loan.net](http://www.k-loan.net)

**Purpose:** K-loan helps finance assistive technology and other durable medical equipment such as Lift Chairs, Power Wheelchairs, Home Modifications (ramps, walk-in bathtub, enlarge doorways, etc.), Communication Devices, Hearing Aids, Adapted Vehicles, as well as other durable medical or assistive Technology for Kansans of any age with any type of disability or health condition.

**How to Apply:** Fill out application on-line at [www.k-loan.net](http://www.k-loan.net), download paper application and can email to [jeanetteg@skilonline.com](mailto:jeanetteg@skilonline.com) or fax to 620-423-3368 or mail to: K-Loan, PO Box D, Parson, KS 67357. Marion Co Dept on Aging can assist with filling out application or downloading application.

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### **Kansas Telecommunications Access Program**

2601 Gabriel

Parsons, KS 67357

800-KAN DO IT (800-526-3648)

[atkapps@ku.edu](mailto:atkapps@ku.edu)

**Purpose:** Provide specialized equipment to Kansans with disabilities or impairments, who need access to basic home telecommunication services.

**Services:** Distributes telecommunications equipment to income eligible individuals.

**How to Apply:** Applications on TAP website, a licensed professional complete the Disability Certification section and mail to the TAP Office or contact Marion Co. Dept on Aging (620-382-3580)

**Eligibility:** Individuals who have a hearing, vision, speech, cognitive or mobility disability or impairment, or a combination of these disabilities can apply. Must be a Kansas resident, with a disability or impairment in which a specialized telephone would be helpful and a household gross income of less than \$55,000 per year (\$3,000 may be added for each dependent).

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**VFW Post 6958**

420 W Santa Fe, Marion, KS 66861

**Services:** Loan out equipment to individuals such as walkers, stool risers, commodes, shower seats, tub assist equipment, canes, crutches and wheel chairs.

**How to Apply:** Call to make arrangements by calling: 620-382-2931.

**Fee:** No fee, equipment is for temporary loan and return. Donation would be accepted but not required.

**Voice Care**

(Marion County Home Care)

535 S. Freeborn, Marion, KS. 66861  
620-382-3690

**Purpose:** Supports secure, independent living, enhances security, facilitates early intervention, enables safe transition from Hospital to Home and supports recovery at home.

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**Frequency:** Voice Care is always there, 24 hours a day seven days a week.

**Services:** Voice Care provides an instant and direct link to our 24/7 Response center to access the care you need, when you need it.

**How to apply:** Call 620-382-3690.

**Fees:** \$36 monthly and a one time connect fee of \$63. (prices change yearly)

**Funding Source:** Private pay or Medicaid Waiver.

**USDA Rural Development**

1405 South Spencer, Newton, KS 67114  
316-283-0370 ext.4

**Purpose:** To provide homeowners with needed repairs or modifications to make it accessible to a person with a disability.

**Services:** Apply to see if you qualify for a 504 loan or grant to pay for repair or modification.

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**Eligibility:** Must own & live in your home, gross income must be below 50% of the county median income, have an acceptable credit history, must have repayment ability on loan and be a US citizen or legal resident alien. For the grant must be at least 62 years of age, and incapable of repaying 504 loan.

**Apply:** Fill out paper application and send in to USDA Rural Development. Can receive application on-line <https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants> or have USDA send paper application.

### **Assisted Living**

Assisted Living is a housing facility for people with disabilities or for adults who cannot or choose not to live independently. Assisted living facilities range from stand-alone apartments or a cottage to a studio, one bedroom, or a large shared bedroom. The environment is appealing because it feels like home. Kitchenettes are available and feature a small refrigerator and microwave.

Assisted living does not offer complex medical services. The main difference between assisted living facilities and nursing homes is the level of care a resident receives and the freedom given to the resident.

In nursing homes, residents are under constant medical supervision, in need of assistance with daily living and are not capable of living independently anymore, at all. The residents in a nursing home are more like patients and unable to leave the facility on their own, mainly because they are physically or mentally powerless. While some residents in assisted living might need assistance with medicine management, bathing and other tasks, they are capable of handling most of the daily living activities on their own.

Assisted living residents might still drive, cook their own meals, come and go freely, have security of medical supervision, and social interaction with other residents.

### **Bethesda Home**

408 E. Main St., Box 37, Goessel, KS 67053  
620-367-2291

Business Office – Mon-Fri. 8:00 am – 4:30 pm  
[www.bethesdahome.org](http://www.bethesdahome.org)

**Purpose:** Provides a safe, comfortable 10 homey rooms with a kitchenette and a private bathroom. The Assisted living is attached to the nursing home which provides security of having someone nearby, while maintaining your level of independence. The communal living area features comfortable arm chairs, a large flat screen TV, a library, a piano, and a dining area for family gatherings. Most residents choose to eat their daily meals together in the main dining area.

**Services:** 24 hour staff, 3 meals a day, medication assistance, activities of daily living assistance

**How to Apply:** Contact Bethesda Social service staff to apply.

**Cost:** Dependent upon level of care.

### **Marion Assisted Living**

200 Eisenhower Drive, Marion, KS 66861  
620-382-3000 or 1-888-382-3001

[www.seniorsinmarion.com](http://www.seniorsinmarion.com)

Hours: 24 hours a day

**Purpose:** Provide a safe, comfortable environment that meets your needs and encourages independence.

**Frequency:** Open 24 hours a day 7 days a week.

**Services:** 24 hour staff, 3 meals a day, medication assistance, activities of daily living assistance, housekeeping, laundry, all utilities and cable TV.

**How to Apply:** Contact the Director for a tour and free meal. Doctor's orders required on admission.

**Eligibility:** 18 years old and older.

**Cost:** Dependent upon level of care.

**Funding Source:** Private pay, Third Party reimbursement, LTC insurance and Medicaid.

## **Parkside Assisted Living**

1 Park Avenue  
Hillsboro, KS 67063  
620-947-2301

**Purpose:** Provide a safe, comfortable environment that meets your needs and encourages independence.

**Services:** Parkside Assisted Living offers 40 apartments with a variety of space options ranging from 635 square feet to 1350 square feet. Apartments are single or double occupancy with 24-hour emergency monitoring. Dining and group activities are available. Each unit has independently controlled heating and air conditioning, full kitchens and laundry appliances. One small pet is welcome on moving in.

**How to Apply:** Contact Parkside Homes main office 620-947-2301

**Cost:** Dependent upon Apartment rented and services used.

## **Caregiving**

Caregiving is the act of providing paid or unpaid assistance and support to family members or acquaintances who have physical, psychological, or developmental needs.

As any family caregiver knows, your commitment to your loved one is beyond question. Whether you've been providing care for a month, a year, or a decade, you've clearly dedicated yourself to ensuring that your loved one has the best care and quality of life possible for as long as possible.

There may come a time in any caregiving relationship, however, when outside help is needed to maintain that quality of care. This help may be necessary on a temporary basis or it may be crucial to keeping your loved one in his/her home.

Caregivers need temporary respite from their care responsibilities but may find their care recipients are resistant to strangers coming into their home to help. The help may be perceived as an invasion of privacy, a loss of independence, or a waste of money.

Yet in-home assistance is often critical in offering caregivers a break and time to relax and rejuvenate.

There are ways to make this transition easier. Here are some tips for making your loved one feel more comfortable with in-home help:

1. Start gradually.

Begin by having the aide come only a couple of hours each week, then add hours as your loved one builds a relationship with the helper. If you feel comfortable with the attendant running errands or preparing meals that can be brought to the house, you can start with those services, which can be done outside the home.

2. Listen to your loved one's fears and reasons for not wanting in-home care.

Express your understanding of those feelings. If possible, get your loved one involved in choosing the aide. He or she will feel more invested and comfortable with the decision.

3. "This is for me. I know you don't need help."

Expressing the need as yours, rather than the your

loved ones, helps maintain her sense of dignity and independence. You can also add that having someone stay at home allows you not to worry while you are gone. Make it clear that you will be coming back.

4. "This is prescribed by the doctor."

Doctors are often seen as authority figures and your loved one may be more willing to accept help if she feels that she is required to do so.

5. "I need someone to help clean."

Even if this is not the real reason, often people will allow someone in to clean when they "don't need" care for themselves.

6. "This is a free service."

This strategy may work if other family members are paying for the home care or if it is, in fact, provided without charge. Your loved one may be more open to using the service since she does not feel that she is spending money for it.

7. "This is my friend."

By pretending that the attendant is a friend of yours you are relating the home care worker to the family. This can be the daily routine, and give you a chance for a well-deserved break.

What should you look for in finding a respite or permanent caregiver for your loved one? Depending on what kind of help you are looking for it is important to check years of experience or specific skills needed for the care plus ask for references. Excellent social skills and a pleasant personality are essential for caregivers. They should be self-motivated, compassionate, patient and reliable. Questions about their availability and means of transportation are important to know. The best candidates will ask question about your loved one.

Specific Questions to Ask:

1. Why do you want to be a caregiver?
2. What do you find rewarding about this job?
3. What were your responsibilities with your latest client?
4. What other people with impairments have you worked with?

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5. Do you know how to cook according to a special health requirement (diabetes, soft food diet, kidney disease diet, etc.)

6. Are you able to perform light housekeeping duties (laundry, cleaning etc.)?

7. Can you perform CPR or first aid training?

8. Are you comfortable providing personal care/hygiene tasks?

9. Are you available to work nights/weekends/etc?

10. Have you ever had to provide first aid to a Client? What happened?

11. Recall a time a client tried your patience. What did you do?

12. Describe a time you offered emotional support to a client. What effect did it have?

13. Tell me about a mistake you made while caring for a client.

14. Do you become personally involved when you client suffers?

15. Imagine my loved one with dementia accuses you of something you didn't do. How do you handle it?

16. Do you have formal Caregiving training (CNA training)?

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17. Are you licensed or bonded? If yes, please provide contact information so I can verify this.

18. May we contact your past two employers?

Please provide their contact information to help with establishing trust and rapport. You can also say that your “friend” is the one who needs company and that by having him/her over your loved one is helping him out.

8. “This is only temporary.”

This strategy depends on the condition of your loved one’s memory. If she/he often forgets what you say, then she/he may also forget that you said this. By presenting the situation as short-term, you will give some time for your loved one to form a relationship or become comfortable with home care as part of their life.

### **Comfort Keepers**

7701 E Kellogg Dr Ste 470, Wichita, KS 67207

Phone: (316) 444-0524

<http://wichita-174.comfortkeepers.com/>

**Purpose:** Providing home care to individuals.

**Services:** They offer 24 hour care. They provide assistance with personal hygiene activities, food preparation and assistance during meal time, housework, running errands, medication reminders, and companion care.

**How to Apply:** Call 316-44-0532 to speak with staff. They will set up an appointment to do a care assessment of the client to determine what kind of care and services are needed.

**Cost:** Based on care assessment.

## **Home and Community Based Services**

<http://www.kancare.ks.gov/consumers/apply-for-kancare>

**Purpose:** Personal Care Services provides supervision and/or physical assistance with instrumental activities of daily living (IADLs) and activities of daily living(ADLs), health maintenance activities, and in some case socialization/recreation in the individuals own home.

**Services:** Services offered assistive technology, home telehealth, medication reminders, personal care, nursing evaluation visit, oral health services, personal emergency response, enhanced care service and wellness monitoring.

**How to Apply:** Fill out KanCare application for home and community based services or applying on-line at: <http://www.kancare.ks.gov/consumers/apply-for-kancare>

**Eligibility:** Age – Applicants must be at least 65 years of age.

**Level of Impairment** – Applicants must be assessed by a medical team and determined to require the level of care typically provided in a nursing home. In simple terms, this means most applicants require assistance with at least 2 or 3 activities of daily living and 3 instrumental activities of daily living.

**Income** – Single applicants in 2021 are permitted monthly income of up to \$2,382. However, those persons with income exceeding \$747/month will be responsible for some portion of their care expenses.

**Assets** –There are two categories of assets according to Kansas Medicaid: countable and exempt. The countable asset limit in 2018 for a single applicant is \$2,000. Items that are exempt (their value is not counted towards the limit) include a home, vehicle, personal belongings, and household items. However, there are some additional complexities for home exemptions. First, the value of the owner’s home equity cannot be more than

\$572,000. Second, the owner of the home must live in the home. Since this waiver allows persons to live in assisted living, they cannot simultaneously live in their home. Therefore, for single applicants who reside in an assisted living residence, their home will not be exempt. This rule does not apply to married applicants if a spouse can remain living in the home.

**Kansas Personal Care Directory**  
<https://www.rewardingwork.org/State-Resources/Kansas>

**Purpose:** This Directory is an online resource connecting individuals seeking assistance in their home with a comprehensive, up-to-date list of personal care and respite workers who are ready to provide care.

**How to Apply:** Visit [www.RewardingWork.org/Kansas](http://www.RewardingWork.org/Kansas) and then: set up a password-protected account, search the list of available personal care or respite workers and contact workers by phone or email to arrange a personal interview.

**Cost:** This subscription is free to KanCare members and for others the subscription start at \$10 for one month of unlimited searches to find a caregiver.

**Marion County Mini Care**

535 S Freeborn  
Marion, KS 66861  
620-382-3690

Office Hours: Mon-Fri 8 am-4:30 pm

**Purpose:** To provide private pay services for nursing, certified home health aide or homemaker services.

**Services:** The services provided include bathing, hair care, nail care and hygiene, light housekeeping, laundry, and meal preparation. The hours of assistance are determined on an individual need.

**Cost:** These are private pay charges and are not covered under Medicare or Medicaid.

## Senior Care Act

**Purpose:** The Senior Care Act (SCA) program was established by the Kansas Legislature to assist older Kansans who have functional limitations in self-care and independent living, but who are able to reside in a community based residence if some services are provided.

**Services:** The program provides in-home services to persons who contribute to the cost of services based on their ability to pay. The program is for Kansas residents, age 60 or older. Senior Care Act services vary by county but may include such things as attendant care, respite care, homemaker, chore services, and adult day care.

**Cost:** Services are offered on a sliding fee scale based on income and assets for customers who functionally qualify. A plan of care outlining the services needed is developed based on a functional assessment. Customers pay between donation and 100% of the cost of the service.

**Eligibility Criteria:** Age – applicants must be at

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least 60 years of age. Unlike many programs, an exception is not made for persons under the age of 60 who have a disability.

**Residency** – applicant must be legal residents of Kansas. Newcomers to the state are eligible just as are long term residents. Priority is not given based on duration of residence.

**Functional Ability** – Applicants must be professionally assessed and found to require assistance with two or more activities of daily living (ADLs) and with three or more instrumental activities of daily living (IADLs).

**Financial Status** – While there technically are no income or asset limits, there is a sliding scale for services based on one's income and assets. These guidelines are staggered and complicated. They also change each year in July. Single individuals with monthly income less than \$2,164 and married couples with monthly income less than \$2,538 should be eligible for some financial assistance. However, that threshold may be lower for persons with

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considerable liquid assets. Individuals with monthly income less than \$1,063 and with less than \$10,000 in liquid assets receive assistance on a donation basis (without co-pay requirements). The same goes for couples with monthly income less than \$1,437 and assets less than \$13,500.

**Apply:** Contact NC-FH Area Agency on Aging for individuals living in Marion County to apply for this program. Call: 785-776-9294 or 800-432-2703.

### **Touching Hearts**

1091/2 N Main Ste 208  
McPherson, KS 67460  
620-639-2790

**Purpose:** Provides non-medical home care services for older adults, seniors, and people with medical conditions and/or disabilities.

**Services:** Caregivers provide companionship, incidental transportation (doctor appointments, errands, or shopping), light housekeeping, meal preparation and dementia care respite.

**Apply:** Call the number for a free in-home consultation and design a program together.

### **Cell Phone**

**Assurance Wireless**  
**1-888-898-4888**

**Purpose:** Assurance Wireless is a worry-free way to stay connected with family, school services, doctors, and employers. Assurance Wireless provides a free smartphone, along with free phone service each month to low-income residents. Presently only offered in these communities in Marion County: Hillsboro, Peabody, Burns and Goessel

**Services:** No annual contract, voicemail account, calling waiting, caller ID and 911 Access.

**Eligibility:** A household is eligible if one member of the household: Qualifies for the Lifeline program based on certain public assistance programs such as Medicaid or Supplemental Nutrition Assistance Program (SNAP) or based on your household income.

Receives benefits under the free and reduced-price school lunch program or the school breakfast program, including through the USDA Community Eligibility Provision, or did so in the 2019-2020 school year;

Received a Federal Pell Grant during the current award year;

Experienced a substantial loss of income since February 29, 2020 and the household had a total income in 2020 below \$99,000 for single filers and \$198,000 for joint filers.

Apply: Call number above or apply on-line:  
[www.assurancewireless.com/](http://www.assurancewireless.com/)

## **Kansas Lifeline Program** **866-488-8719**

**Purpose:** Government assisted wireless services to low income families and individuals in Kansas. Qualified customers receive free cell phone service.

**Services:** Offer seven plans the basic plan cost is free. Other plans have a low monthly charge ranging from \$1 to \$30 depending on data and g lte. Basic service offers voice, text, 3g/4 g lte data, local calls, national long distance, voicemail and national text.

**Eligibility:** You must receive benefits from one of the following programs: SNAP, SSI, KanCare, Veterans pension or survivors benefit, or federal public housing. Your Lifeline benefit is limited to one per household and cannot be combined with any other Lifeline offer.

**How to Apply:** Get paper application or apply on line at  
<https://www.entouchwireless.com/states/kansas-lifeline-free-phone-service>

## **Other Free Cell Phone Service**

Free cell phone providers: Access Wireless, EnTouch Wireless, Life Wireless, Q Link Wireless, Stand Up Wireless, Tempo Communications, TruConnect

Be sure to check to see if they have service in your area.

Eligibility: You must receive benefits from : SNAP, SSI, KanCare, Veterans pension or survivors benefit, or federal public housing.

### **SafeLink Wireless**

1-800-723-3546

Mon-Sat 8 am- 10 pm Sun 8am-7pm

[www.safelinkwireless.com](http://www.safelinkwireless.com)

**Purpose:** Provide three different plans to choose from at NO COST to the customer. They also provide you with a FREE SafeLink Wireless phone at no cost.

**Services:** Provides 3 different phone plans to choose from with FREE MINUTES EVERY MONTH AND A PHONE FOR FREE.

**Eligibility:** You receive benefits from one of the following programs: Medicaid, Food Stamps, SSI, Federal Public Housing, General Assistance, LIEAP, Free Lunch program, Commodities. You are at or under 150% of the Federal Poverty Guideline.

**How to Apply:** Easiest and fastest way to apply for service is by filing out application online at [www.safelinkwireless.com](http://www.safelinkwireless.com). or calling 1-800 number.

## **Consumer Advocacy**

Many organizations exist to protect consumer rights, and to give opportunities to be informed about businesses and charitable organizations before using these services or donating money.

**AARP**  
2755 E 19<sup>th</sup> St N  
Wichita, KS 67214  
316-558-3765

**Purpose:** A non-profit organization which provides information, education, advocacy and service to individuals 50 years and older.

**Services:** They offer a driver safety course, tax assistance and a fraud helpline (877-908-3366)

**Costs:** Membership fee of \$16 a year.

### **Crisis and Hardship Assistance**

These are programs which provide assistance during challenging times in life or when money is tight due to unplanned circumstances. Other programs to help with utilities and property tax found under financial assistance section.

### **Cold Weather Rule**

This resource can help prevent service interruptions, or reconnect your power, when the outside temperature is 35 degrees or less. The program runs from Nov 1st through March 31. Or your utility service can be restored regardless of temperature, if you meet the following conditions.

- First and foremost, communication is critical. A customer will need to inform Kansas Gas if you are struggling and are unable to pay your bill in full.
- Documentation is required, and applicants will need to provide their utility company with sufficient information to enter into a payment agreement. It needs proof of why someone is struggling.

Then, over time, in order to stay enrolled in the Cold Weather rule, the individual will need to pay 1/12th of their outstanding total account balance. They also need to pay all required deposit installments as well as all disconnection or reconnection fees. Customers then need to enter into an 11-month payment plan to pay the remainder of their bills.

## **Consumer Credit Counseling Service, Inc.**

1201 W. Walnut, PO Box 843

Salina, KS 67402

785-827-6731 or (KS only) 800-279-2227

[www.kscs.org](http://www.kscs.org)

**Purpose:** CCCS provides confidential, one-on-one, comprehensive money management counseling. Counseling is provided either in person or by telephone.

**Services:** Counseling in areas of credit, bankruptcy, housing and credit review.

**How to Apply:** Call and make an appointment.

**Eligibility:** Open to anyone.

**Fees:** Free of charge for credit, housing and credit review counseling. Bankruptcy counseling is \$50 for individual and \$75 for a couple.

## **Debt Collection**

What you should know about debt collection if you don't have the money to pay all of your debt. Constant harassing calls and letters from collection agencies can cause consumers to pay the wrong debts first, resulting in serious consequences for the family. Here is some guidelines for determining what debts should be given priority in a financial crisis. Even when you do not have the money to pay your bills, you do not have to be subjected to collector pressure tactics.

You first should use your money to pay for what is most necessary for your household-food, clothing, shelter, and continued utility service. Threats to bring suit, to seize household goods or garnish wages should be given little weight unless a lawsuit has actually been filed and you receive court papers.

General rules for setting payment priorities are: rent and mortgage should always come first, utility service, car loan should be paid after critical items (food, rent, clothing) and loans with only household goods a collateral should be paid after more pressing debts,

debts without property pledged as collateral, such as credit cards, doctor and hospital bills and accounts with merchants, should have low priority. The threat of a lawsuit should not raise the priority of a debt above that of mortgage, rent, utility payments and a car loan,

How should you deal with a debt collector? Don't let them pressure you into making the wrong choices about what to pay first. The debt collector collecting a debt of the creditor can do little more than demand payment. Legally they can do only three things. Stop doing business with you. Report your default to a credit bureau. Sue you in court.

How to stop a debt collector from contacting you. Send a letter telling them you don't have the money to pay for the debt and you need to use it for food, shelter and clothing. Keep a copy of the letter. You might want to send it by certified mail and pay for a "return receipt" so you have a record the collector received it.

(Information taken from "What you should know about Debt Collection" brochure put out by National Consumer Law Center.

### **Hillsboro Area Ministerial Alliance**

610 S. Main St., Hillsboro, KS. 67063  
620-947-2338

**Purpose:** To provide financial assistance to those in need. Limit is \$100.00 per family per year.

**How to Apply:** Contact one of the following churches in Hillsboro: United Methodist, Parkview MB, Hillsboro MB, Ebenfeld MB, Zion Lutheran, First Mennonite and Trinity Mennonite.

**Eligibility:** Those who have financial needs and have not received assistance for the prior 12 months.

**Funding Source:** Private donations

### **Low Income Energy Assistance Program**

DCF –LIEAP  
1710 Palace Dr.  
Garden City, KS 67846  
FAX-1-888-543-3088  
Phone: 620-272-5800

**Purpose:** A program that helps eligible households pay a portion of their home energy costs by providing a one-time per year benefit.

**How to Apply:** Apply online or download an application on the Department for Children and Families'. Applications accepted from Jan 3 to 5 pm March 31.

**Eligibility:** You must have a monthly household income (before taxes) that is below the following amounts:

#### **Household Size\* Maximum Income Level (Per Month)**

1	\$1,610
2	\$2,178
3	\$2,745
	\$3,313
4	<b>66</b>

#### **Household Size\* Maximum Income Level (Per Month)**

5	\$3,880
6	\$4,448
7	\$5,015
8	\$5,583

\*For households with more than eight people, add \$568 per additional person.

### **Marion Area Ministerial Alliance 620-382-3122**

**Purpose:** To provide financial assistance to those in need.

**How to Apply:** Contact one of the following churches in Marion: Marion Christian, Emmanuel Baptist, Eastmoor United Methodist, Valley United Methodist, Marion Presbyterian

**Eligibility:** Those who have financial needs.

**Funding Source:** Private Donations

### **Mid-Kap Community Action Program**

Central Administration for Community Service  
Offices

730 Cliff Drive ~ Augusta, KS 67010

Office Hours: 8:30am to 4:30pm, Monday through  
Friday

Call 316-775-3000 or 1-800-281-6373

**Purpose:** To help individuals move from poverty to self-sufficiency.

**Services:** Programs that assist low income individuals/families such as case management, Individualized planning, goal setting, development programs, emergency assistance, personal hygiene pantry, workshops, trainings and parenting classes.

**How to Apply:** Call central office to make an appointment.

### **Peabody Area Ministerial Alliance**

**Purpose:** To provide financial assistance to those in need.

**How to Apply:** Contact one of the following churches in Peabody: Peabody United Methodist, Frist Baptist, Peabody Bible Church, Peabody Christian, Gracepoint.

**Eligibility:** Those who have financial needs.

### **Share the Warmth**

Call 211 or Mid-Kansas Community Action Program

**Purpose:** To assist individuals/families in paying for their gas bills.

**Eligibility:** You must reside in one of the 33 counties serviced by Atmos. Your gross family income may not exceed 200% of the poverty level guideline and funding is distributed on a first come, first serve basis. Applicant must reside in the home

and be the person responsible for paying the bill. This program runs October 1<sup>st</sup> thru April of each year and the applicants may receive assistance one time per program period.

**Westar Energy Project Deserve**

1-800-383-1183

Center of Hope at (316) 219-2121

Fax: 316-267-7778

<https://www.westarenergy.com/project-deserve-assistance>

Email: [ProjectDeserve@centerofhopeinc.org](mailto:ProjectDeserve@centerofhopeinc.org)

**Purpose:** Assists with Westar electric bills of people with a severe disability (children or adults meeting Social Security Disability criteria) or 60 +older adults.

**Services:** Applicants may receive a one-time payment of up to \$100 or up to \$300, depending on their eligibility, to be applied toward an energy bill, over a rolling 12-month period. Center of Hope determines eligibility based on need and household income.

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**How to Apply:** Call numbers above.

(Information taken from “What you should know about Debt Collection” brochure put out by National Consumer Law Center.

**Dental**

Some dental insurance is included in supplemental Medicare insurance for an extra premium. There are some stand-alone dental insurances for individuals and families. We have provided two independent dental insurance information.

**Delta Dental**

1619 N Waterfront Parkway

Wichita, KS 67206

1-800-733-5823

M-F 8 am-5 pm

**Purpose:** To provide dental insurance to individuals 65+.

**Services:** Delta Dental offers 4 different plans with

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various coverage. You must use dentist, who they have contracted with for full coverage of dental services.

### **Donated Dental Services**

PO Box 4266

Topeka, KS 66604

1-785-273-1542

[www.DentalLifeline.org](http://www.DentalLifeline.org)

**Purpose:** To provide free comprehensive care for people who are permanently disabled, elderly or medically compromised who are unable to afford dental care, you may qualify for free treatment through the DDS program.

**How to Apply:** Call the number above or download application from website. If you are eligible, you will be put on a waiting list in the order your application was received. If you are not eligible, They will send you a letter of denial. Depending on where you live, the wait will be several months or can be over a year.

**Cost:** People who qualify usually pay nothing.

Occasionally, people who can pay for part of their care may be asked to do so, especially if you need laboratory work. If you have dental insurance (including dental provided through Medicaid), you need to use that first.

### **Grace Med**

322 N Main St, Suite 101

McPherson, KS 67460

620-504-6187

Mon-Fri 8 am-5 pm

**Purpose:** To provide dental care to uninsured and insured patients.

**Services:** Cleanings, fillings, extractions, root canals, crowns/partial/bridges and dentures.

**Cost:** There is a sliding fee discount program eligibility criteria to ensure that the company provides services to all patients, using the Federal Poverty Level Guidelines to establish fair charges for services. No discounts will be given to patients above 200% of poverty level. No payment is required of

homeless patients below 100% of poverty level. They accept Medicare, Medicaid, CHIP, or private insurance.

**How to Apply:** Call the number above to make an appointment.

**Health Ministries Clinic**

720 Medical Center Dr.  
Newton, KS 67114  
316-283-6103

<http://hmcks.org/services/>

**Purpose:** To provide primary care, dental care and behavioral health care to uninsured and insured patients.

**Services:** Our general dentistry services include: Dental Emergencies, Exams and X-rays, Cleanings, Fillings and Extractions.

**Cost:** Services are charged on a sliding fee scale based on household income. Also accept Medicare, Medicaid and private insurance.

**Hours:** Dental Clinic is Open Mondays through Wednesdays 8 am-4:30 pm. Call to make an appointment.

**Kansas Mission of Mercy**

<http://www.ksdentalfoundation.org/patients/>

**Purpose:** To sponsor an event to provide free dental care.

**Services:** Conduct free dental clinics across Kansas and provide cleanings, fillings, and extractions. No dentures will be provided at KMOM.

**Apply:** You do not need to show proof of income or bring dental records. Services are first come, first served and ALL patients must be able to wait in line – no appointments. The clinic opens at 4:30 am on both Friday and Saturday and waiting in line or determining how early to get in line, is up to the patient. They only let in as many patients as we will be able to treat that day (approximately 700) and they will then close the doors. Standing in line on Friday and not getting in does not give the patient

priority the next day. It is the same process on Saturday- first come, first served. Be prepared to wait and potentially be there all day.

This service is usually done in January, February or March of the year. The event moves around to different cities in Kansas each year.

### **Physicians Mutual Dental Insurance 1-855-656-0278**

**Purpose:** To provide dental insurance for retirees.

**Services:** Physicians Mutual offers three plan options. If you use a dentist in their network save 36%.

## **Disability Programs**

### **Prairie Independent Living Resource Center**

17 South Main Street, Hutchinson, KS 67501

620-663-3989

Toll-free: 888-715-6818

[www.pilr.org](http://www.pilr.org)

**Purpose:** Provides services to all ages and disabilities supporting them to attain their personal and employment goals in the most independent and integrated setting possible.

**Services:** Advocacy; Peer Counseling; Independent Living Skills, Information and Referral; Teach Braille Literacy; ASL sign language classes; advocacy services, home and community based services, and assistive technology.

**Funding:** Home and Community Based Services PD waiver.

## **Resource Center for Independent Living**

1137 Laing St #257, Osage City, KS 66523  
785-528-3105 or 800-580-7245

[www.rcil.org](http://www.rcil.org)

**Purpose:** Provides services to all ages and disabilities supporting them to attain their personal and employment goals in the most independent and integrated setting possible.

**Services:** Advocacy; Peer Counseling; Independent Living Skills, Information and Referral; Teach Braille Literacy; ASL sign language classes; advocacy services, home and community based services, and assistive technology.

**Funding:** Home and Community Based Services PD waiver.

## **Driving**

### **Driving Safely**

Getting older does not necessarily mean a person's driving days are over. But it is important to plan ahead and take steps to ensure the safety of your loved ones on the road. Early, occasional and candid conversations establish a pattern of open dialogue and can reinforce driving safety issues without the strain of asking someone to change his or her driving behaviors. It is important to observe their driving ability overtime to see if there is any changes in their driving ability.

If you think you need to have a conversation with an older driver about his or her driving abilities, remember that many older drivers look at driving as a form of independence. Bringing up the subject of their driving abilities can make some drivers defensive. So, be prepared with your observations and questions, and – if necessary – provide possible transportation alternatives.

An excellent resource is “The Hartford Family Conversations with Older Drivers booklet which can be found at:

[www.thehartford.com/talkwitholderdrivers](http://www.thehartford.com/talkwitholderdrivers).

Answering the following questions may help you decide if you need to initiate a conversation with an older driver about driving safely:

Getting lost on routes that should be familiar?

Noticing new dents or scratches to the vehicle?

Receiving a ticket for a driving violation?

Experiencing a near miss or crash recently?

Being advised to limit/stop driving due to a health reason?

Overwhelmed by road signs and markings while driving?

Taking any medication that might affect driving safely?

Speeding or driving too slowly for no reason?

Suffering of any illnesses (Alzheimers, dementia, glaucoma, cataracts, arthritis, Parkinson's disease or diabetes) that may affect driving skills?

This may not mean the individual needs to stop driving all together but be limited to certain kinds of roads (no highway or large cities) or driving only during the daylight hours.

## **Take charge of your health**

Regular check-ups are critical to keep you in the best possible driving shape. Other steps you can take include:

Getting your eyes checked every year. Make sure that corrective lenses are current. Keep the windshield, mirrors, and headlights clean, and turn brightness up on the instrument panel on your dashboard.

Having your hearing checked annually. If hearing aids are prescribed, make sure they are worn while driving. Be careful when opening car windows, though, as drafts can sometimes impair a hearing aid's effectiveness.

Talking with a doctor about the effects that ailments or medications may have on your driving ability.

For example, if you have glaucoma, you may find tinted eyeglass lenses useful in reducing glare.

Sleeping well. Getting enough sleep is essential to driving well. If there are problems, try to improve nighttime sleep conditions and talk with your doctor about the effect of any sleep medications on driving.

Find the right car and any aids you need for safe driving.

Choose a vehicle with automatic transmission, power steering, and power brakes. Keep your car in good working condition by visiting your mechanic for scheduled maintenance. Be sure that windows and headlights are always clean. An occupational therapist or a certified driving rehabilitation specialist, for example, can prescribe equipment to make it easier to steer the car and to operate the foot pedals.

### **Driving Evaluations**

Check with your local physician, who may be aware of Occupational therapy practitioners with specialized training in driver rehabilitation and can administer comprehensive driving evaluations. This type of driving evaluation typically includes two parts: one part in an office or clinic and the second part behind the wheel of a car. Based on your evaluation, the therapist can make recommendations about strategies, specialized equipment, and training to improve your driving safety and your overall health and well-being. On the other hand, if the evaluation results indicate the need to stop driving, the therapist

can help you understand why this is the most appropriate option for your safety and that of others.

### **AARP Driver Safety Program**

Phone: 1-888-227-7669

E-mail: [ksaarp@aarp.org](mailto:ksaarp@aarp.org)

**Purpose:** To provide drivers age 50 plus to learn current rules of the road, defensive driving techniques and how to operate your vehicle more safely on the road.

**Services:** A four-hour course taught in person or on-line.. AARP trained volunteer instructor teaches the class. Individuals will receive a certificate and be eligible to receive an insurance discount upon completing the course.

**How to apply:** Contact AARP or the Marion County Dept on Aging (620-382-3580) to find where a class is being offered in your area.

**Eligibility:** Drivers age 50 and older; the course is open to people of all ages. AARP Membership not

required to take the course.

**Fee:** There is a charge for the course. It is slightly cheaper for AARP members versus non-members.

**Behind the Wheel Defensive Driving School**  
800 South Broadway, Suite 700, Wichita, KS 67211  
Phone: 316-683-1818

**Purpose:** To provide a driver improvement program is for experienced drivers and qualifying for insurance discounts.

**Frequency:** This is an eight-hour program

**Services:** To assist drivers in improving their driving skills.

**How to Apply:** Call 316-788-6008 for an appointment. \$70 for eight hour program.

**Eligibility:** Open to anyone.

### **CarFit**

Marion Co Dept on Aging  
309 S Third, Marion, KS 66861  
620-382-3580

**Purpose:** To provide the driver with a quick comprehensive review of how well you and your vehicle work together.

**Service:** This program is done by a CarFit Technician which will complete a 12-point checklist with the driver of the car. The entire process takes about 20 minutes and you leave with recommended car adjustments and adaptations, a list of local resources in your area and greater peace of mind. The check list includes looking at if your seat fits you comfortably, properly adjusted head restraint, easy access to gas and brake pedals, steering wheel and seat belt in the proper position. **THIS IS NOT A DRIVING TEST.**

**How to Apply:** Call Marion Co Dept on Aging to set up an appointment. No charge.

## **Prairie View Driver Capacity Evaluations**

1901 E. First St., Newton, KS 67114

316-284-6400

Hours: Mon-Fri 8:00 am-5:00 pm

**Purpose:** Driving evaluations help to identify the potential of a serious driving problem and may help with decisions process of whether an individual should or should not continue to drive.

Recommendations are shared immediately following the test and a written report is provided.

**How to Apply:** To inquire about a Driving Capacity Evaluation an individual may call Prairie View Admissions 316-284-6400. Current prairie View locations that offer driving evaluations include: McPherson, Hutchinson, Newton and Prairie view Offices in east and west Wichita. No doctor's referral is required.

**Fees:** Driving evaluations ARE NOT covered by insurance and a fee of \$125.00 is required at the time of the evaluation.

## **Testing and other information on driving**

Special rules apply to drivers who are 70 and older who seek to renew their licenses.

**Time limits:** Drivers age 65 and older must renew in person every four years; those under 65 must renew every six years.

**Vision test:** Required at in-person renewal. DMV personnel will conduct a test free, or drivers can have an exam performed by an outside ophthalmologist or optometrist, who must complete a Vision Form and conduct the exam within 90 days of the renewal request.

**Written test:** Not required at renewal.

**Road test:** Required only if there are indications of driver impairment.

## **How to Get Parking Placards or License Plates for a Disabled Driver**

Disabled person parking placards and license plates can be issued to drivers with impaired mobility if a licensed doctor of medicine, osteopath, chiropractor, podiatrist, optometrist, physician assistant, advanced registered nurse practitioner, or Christian Science practitioner listed in The Christian Science Journal.

The placards and plates are also available for those who:

- have a severe visual impairment
- cannot walk 100 feet without stopping to rest
- cannot walk without the use of or assistance from, a brace, cane, crutch, another person, prosthetic device, wheelchair, or other assistive device
- have severe lung disease
- use portable oxygen
- have a severe cardiac condition, or
- are severely limited in their ability to walk at least 100 feet due to an arthritic, neurological, or orthopedic condition.

Steps required to obtain a disabled placard or plate are:

- Complete and sign a Certification of Disability for Disabled Parking Placard and/or Plate.
- Have a licensed doctor of medicine, osteopath, chiropractor, podiatrist, optometrist, physician assistant, advanced registered nurse practitioner, or Christian Science practitioner listed in The Christian Science Journal complete the Healing Arts Licensed Professional's Statement portion of the application.
- Bring the completed form to the local county treasurer's motor vehicle office.

**The Marion County Department on Aging can provide you with the application. Call 620-382-3580.**

## **Food/Clothing and Other Assistance**

### **Burns Food Pantry**

Call 620-726-5232 for information

**Carlson's Grocery, Inc.**

1121 E. Main, Marion, KS. 66861  
620-382-2985

Hours: Monday-Saturday 7:00 am – 8:00 pm  
Sunday 8:00 am – 7:00 pm

**Services:** Wednesday is Senior Citizen Discount day. In town deliveries on Tuesday, orders need to be called in by noon.(no age limit/anyone who has a need) Delivery Charge of \$1.00 for in town. Call in order for curbside pick up (Mon-Fri)

**Dale's Thriftway**

108 W. Grand, Hillsboro, KS 67063  
620-947-3501

Hours: Monday-Friday 8:00 am-7:00 pm  
Saturday 8:00 am-6:00 pm

**Services:** Senior Citizen (65+) Discount Day 10% on Wed. Grocery delivery available.

**Goessel Grocery & Deli**

216 E. Main, Goessel, KS 67053  
620-367-2203

Hours: Monday-Friday 8:00 a.m. – 7:00 p.m.  
Saturday 8:00 a.m.-5:30 p.m.

**Services:** No charge for grocery delivery available anytime, just need to call in order.

**Farmer's Markets in Marion County  
June-September**

**Doyle Valley Farmer's Market**

100 S Walnut, Peabody, KS  
Saturday mornings 8am-noon all summer

**Hillsboro Farmer's Market**

Memorial Park, Hillsboro, KS  
Thursday evenings 5-7 pm June –Sept

**Marion Farmer's and Art Market**

Central Park, 501 E Main, Marion, KS  
Wednesday evenings 5-7 pm

### **Farmer's Market Checks**

Available at Marion Co Dept on Aging  
309 S. Third, Marion, KS, 66861  
Hours: 8:00 a.m.-4:30 p.m.  
620-382-3580

**Purpose:** To provide checks for individuals 60 years of age and older to purchase fresh fruits and vegetables at local Farmers' Market. These checks are good from June 1-Nov 1.

**Services:** To provide checks to be used at local Farmer Markets across the state of Kansas.

**How to apply:** Contact Marion Co Dept on Aging at 620-382-3580 or come to the office to complete paperwork and receive checks.

**Eligibility:** You must be 60 years of age or older and have an income at or below 185% of the poverty guidelines.

### **Hillsboro Et Cetera Shop**

109 N Main St., Hillsboro, KS 67063  
620-947-3817  
Hours: Mon-Wed-Fri 9:00 a.m. – 5:00 p.m.  
Saturday 9:00 a.m.-noon

**Purpose:** This is a second hand store which offers a variety of used items such as clothing, shoes, kitchen/office, furniture, games/toys, and books sold at a reduced price.

Discount for seniors on Wednesday.

**Funding source:** This is a part of a wide U.S and Canadian thrift network that emphasizes donation, recycling, volunteerism and alternative consumerism.

**Hillsboro Senior Center**  
212 N Main Hillsboro, KS 67063  
620-947-2304  
**Hours: 8:00 a.m.-2:00 p.m.**

**Purpose:** Serving Hillsboro, KS seniors (60+) with congregate meals, pick up and home-delivered meals.

**Services:** Serve noon meal five days per week and home-delivered meals plus noon programs, table games and socialization.

**How to apply:** New participants need to call between 8:00 am and 2:00 pm pm to speak to nutrition-site manager for assessment. Call before 9:00 am to make reservation for a noon meal the day you plan to attend.

**Eligibility:** Anyone over 60 years of age can eat at a suggested contribution of \$3.50 and under 60 years pay \$5.25 per person.

**Funding source:** Federal and state funding plus contributions.

**Main Street Ministries**  
415 S. Main, Hillsboro, KS. 67063  
620-947-3393  
**Hours: 24 hours a day-7 days a week**

**Purpose:** To demonstrate the love of Jesus Christ by providing physical/spiritual resources in a supportive environment.

**Frequency:** Food/Clothing Bank open: Saturday 9:00 a.m. to 12:00 p.m.

**Services:** Housing, accountability, Bible studies, life skill workshops and a safe, supportive environment for residents. Partnership with Celebrate Recovery Program (page 6 of resource guide).

**How to Apply:** Call office for an appointment.

**Eligibility:** Food Bank-anyone can come once a month. Residency at MSM is free and based on need, and willing to work with MSM Program.

**Marion County Resource Center Food Bank**

1220 E Main, Marion, KS 66861

Hours: Monday 9-noon & Thursday 4:30-7pm

**Purpose:** To provide needed resources, especially food, to residents of Marion County

**Services:** Food Bank

**How to Apply:** First time need to show proof of residency in Marion County (ex: driver's license, utility bill). A registration form which list's names of people in household and birthdates of children. There is no requirement to show income.

**Funding Source:** Private donations

**Marion Senior Center**

309 S Third, Marion, KS 66861

620-382-3942

Hours: Monday-Friday 8:00 am- 1:30 pm

**Purpose:** Serving Marion, KS seniors (60+) with congregate meals, pick up and home-delivered meals.

**Services:** Serve noon meal five days per week and home-delivered meals plus noon programs, card games and puzzles.

**How to apply:** New participants need to call between 8:00 am and 1:30 pm to speak to nutrition-site manager for assessment. Call before 9:00 am to make reservation for a noon meal the day you plan to attend.

**Eligibility:** Anyone over 60 years of age can eat at a suggested contribution of \$3.50 and under 60 years pay \$5.25 per person.

**Funding source:** Federal and state funding plus contributions.

**Peabody Christian Church Food Pantry**

Division & Sycamore  
Peabody, KS  
620-983-2465

**Purpose:** To provide food for residents of Marion County.

**How to apply:** The food pantry is open the 2<sup>nd</sup> Saturday of the month from 10:00 -11:30 am. If there is a need between distribution dates, people can access the food pantry with a call to one of the local pastors in town.

**Peabody Senior Center**

106 Walnut Street, Peabody, KS 66866  
620-983-2226

Hours: Mon-Fri 9:00 am-12:30 pm

**Purpose:** Serving seniors of Peabody area, friendship meals and Meals on wheels.

**Services:** Serve noon Friendship meals five days per week, home-delivered meals, information, tax

service, occasional one day trips, programs, speakers, games, cards, puzzles, Wii and socialize with other seniors.

**How to apply:** New participants need to call between 9:00 am and 12:30 pm to speak with Nutrition-Site Manager for assessment. Call before 9:00 am to make reservation for a noon meal the day you plan to attend.

**Eligibility:** Anyone 60+, a suggested contribution of \$3.50 is requested for the meal and registration. Under 60 years of age pay full pay \$5.25 per person.

**Funding Source:** State funding and contributions.

**Prairie Land Food**

809 W. Grand, Hillsboro, KS 67063  
800-998-9636 or cell 620-877-7443

Hours: Available 24 hours a day

**Purpose:** To help everyone have the opportunity to participate, so they can save money for groceries and shop smart.

**Frequency:** Monthly

**Services:** Great service, quality food at a good price and to allow people to become more aware of how they can help others. Volunteering is an important part of our program and we are very proud to include it as the guideline of why Kansas has recognized us as non-profit organization.

**How to apply:** Contact June Glasgow [june@prairielandfood.com](mailto:june@prairielandfood.com) or order on-line [prairielandfood.com](http://prairielandfood.com)

**Eligibility:** Open to anyone

**Fees:** Pay for purchase

### **Senior Food Boxes**

Commodity Supplemental Food Program  
Marion County Food Bank  
1220 E Main, Marion, KS 66861

**Purpose:** To provide food for individuals 60 and older.

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**Service:** Provides food packages which include a variety of foods.

**How to apply:** The Marion County Food Bank has applications, Marion County Dept on Aging or call 316-265-3663. You will need to provide a valid driver's license or state ID for everyone in the household, proof of address-utility bill, lease rental agreement, bank statement and proof of income-pay stubs for the past 30 days, or a social security statement, unemployment and any retirement information such as pension received.

**Eligibility:** You must be 60 years of age or older and meet the income guidelines.

2020 income guidelines: Household of 1-\$1,383, 2-\$1868, 3-\$2353, 4-\$2839, 5-\$3,324, 6-\$3,809, 7-\$4295, 8-\$4780. This is your gross income before Medicare and any other type of expense is deducted from Social Security check or wages.

Once approved for the program the senior receives a monthly box.

If unable to pick up a box you can fill out a proxy form which assigns someone to pick up your box on your behalf.

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You have to reapply every year to continue to receive the food box.

## **SNAP**

Supplemental Nutrition Assistance Program

<http://www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistance.aspx>

**Purpose:** Formerly known as the Food Stamp Program, provides qualifying low-income households with food benefits, access to a healthy diet and education on food preparation and nutrition.

**Service:** Monthly benefits are provided on a Kansas Benefit card, which looks and functions like a debit card. When food is purchased the cost is electronically subtracted from the individual's Vision card account. Simply present the card to the store clerk when purchasing food.

You may also use your Kansas Benefit card at selected farmers' markets in Kansas to purchase fresh, locally grown fruit and vegetables. You may

also purchase breads, jams, meat, plants to grow food (such as a tomato plant) and other food items at the farmers' markets.

**Eligibility:** Persons who work, but have a low income and those who are unemployed may be eligible. Persons who live together and buy food together may be eligible. Household members do not have to be related to be considered part of the household.

Persons age 60 and older and persons with disabilities may be eligible. Persons with disabilities such as those receiving Supplemental Security Income (SSI), Social Security Disability payments, certain veteran's disability payments, disability retirement benefits for a permanent disability and railroad disability may be eligible.

Any single individual, household or group of individuals who live and eat together, whose income and resources are low and who meet certain basic program requirements can qualify.

U.S. citizens and certain legal non-citizens may be eligible for food assistance benefits when other eligibility requirements are met.

The amount of assistance eligible persons receive is based on household size and amount of income after deductions.

**How to Apply:** Go to the website listed above or contact Marion Co Dept on Aging for paper application.

**St Luke Hospital Auxiliary Shoppe**

404 E. Main, Marion, KS. 66861

Hours: Friday 12:00 pm-5:00 pm

Saturday: 9:00 am-1:00 pm

**Purpose:** This is a second hand store which offers a variety of used items such as clothing, shoes, kitchen/office, furniture, games/toys, and books sold at a reduced price.

**Services:** They continue to give gift certificates through the Ministerial Alliance to help anyone in need.

They help the Head Start Program, family difficulties or individuals who have a need.

**Funding Source:** A community project and take donated items. Drop off items during store hours.

**Tabor Church Food Pantry**

891 N Chisholm Trail

Newton, KS

620-367-2318

**Purpose:** To provide food to individuals and families in need.

**Services:** Food Pantry

**Eligibility:** Residents living in the rural Goessel area

**No Charge**

### **Temporary Emergency Food Assistance**

Marion County Dept. on Aging  
309 South Third, Marion, KS. 66861  
620-382-3580

**Purpose:** Provides USDA commodities to Marion County households which meet the income guidelines.

**Services:** Distribution of commodities is every month on the third Wednesday of the month in the following communities: Burns, Goessel, Hillsboro (Durham and Lehigh residents pick up in Hillsboro), Lincolnville, Marion (Lost Springs residents pick up in Marion), Peabody, Pilsen, Ramona and Tampa. Florence distributes on 3<sup>rd</sup> Thursday of the month. Hillsboro (Durham and Lehigh residents pick up in Hillsboro) distributes on 3<sup>rd</sup> Saturday. Contact the Marion Co Dept on Aging for location and time for each of the communities.

**How to apply:** Contact Marion County Dept. on Aging to determine participating organization nearest you.

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**Eligibility:** Income of household does not exceed the monthly income guidelines. Interested persons need to do the following when come in to pick up commodities: Sign the declaratory statement with your signature declaring your household meets the income guidelines. This is a first come/first serve service. There may be some COVID protocol for picking up at these sites.

### **Other Assistance**

The programs listed below help you save some of your money so it may be spent on other household expenses. These are not cash programs.

#### **Grandparents as Caregivers Assistance**

Newton SRS  
411 Washington Rd., Newton, KS 67114  
316-283-3015  
[www.srskansas.org](http://www.srskansas.org)

**Purpose:** To provide monthly financial assistance to grandparents or other relatives raising children.

**Services:** To assist with expenses of raising a child or children by receiving a monthly cash benefit. The

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child or children may also be eligible to receive medical, dental, child care and food assistance.

**How to Apply:** Contact the Newton SRS office or information and application can be acquired at the Marion County Dept on Aging (620-382-3580)

**Eligibility:** To qualify for assistance the person be 50 years of age or older, be a grandparent or other qualifying relative, have legal custody of the child or children and have a household income less than 130% of the federal poverty level. The child must not be in state custody and the parent's child must not live with you.

**Homestead Tax Refund/Safe Senior**

Marion County Dept on Aging  
309 S. Third, Marion, KS 66861  
620-382-3580

**Purpose:** The Homestead Refund is a rebate program for the property taxes paid by homeowners. The refund is based on a portion of the property tax

paid on a Kansas resident's home. The maximum refund is \$700.

**Services:** The Dept on Aging staff is available to assist individuals from January 2<sup>nd</sup> until April 15 in filling for this tax refund. Call to set up an appointment and there is no charge for assistance.

**Eligibility:** Kansas Homestead tax refund is for individuals, who are a Kansas resident, living in Kansas the entire year. You must live in the house all year. Your 2021 total household income must be \$36,000 or less. (these amounts do change from year to year) You must also meet one of the following requirements in 2021  
You were born before Jan. 1, 1963; OR  
You must have been totally and permanently disabled or blind during the entire year, regardless of your age; OR You must have had a dependent child living with you all of last year who was born before Jan. 1, 2018, and was under the age of 18 the entire year.

**Low Income Energy Assistance Program  
( LIEAP)**

1-866-445-4327

[www.ks-energy-assistance.com](http://www.ks-energy-assistance.com)

**Purpose:** Provides energy assistance to pay heating and electric bills to qualifying households.

**Services:** A federally funded program that helps eligible household pay a portion of their home energy costs by providing a ONE TIME per year benefit.

**How to Apply:** Application on-line at KS Dept of Children and Families website or application by mail if eligible the previous year. Contact Marion Co. Dept on Aging for application and assistance with applying on-line (no charge for this service) Enrollment is mid-January thru March 31<sup>st</sup> each year.

**Eligibility:** This program is available to individuals and families, who meet the 130% Poverty income guidelines.

**Funding Source:** Federally funded program.

**Section 8 Housing Choice Voucher Program**

401 Houston St, Manhattan, KS 66502

1-800-432-2703

**Purpose:** To provide eligible participants to seek housing on the private market in an area of their choice. The participant pays a portion of their income to the landlord for rent and the program subsidizes the remaining portion.

**How to Apply:** You must complete a pre-application which you can get from NC-Area Agency on Aging or Marion Co Dept on Aging.

**Eligibility:** You meet the income guidelines which is 30% of Marion County median income, must provide for all household members their birth certificate, Social Security number, and pictured ID plus proof of citizenship. You will receive a letter after your send in your pre-application acknowledging that you have been placed on a Section 8 waiting list.

**U. S. Department of Agriculture Rural  
Development**

1405 South Spencer, Newton, KS 67114  
Phone: 316-283-0370 (ext. 4)

**Purpose:** To assist homeowners with needed repairs, or modifications to make it accessible for a disabled person. Two paying options for repairs are a 504 loan or grant.

**Services:** Provides financial assistance to install or repair of sanitary water and waste disposal systems, insulation, storm windows/doors, furnace replacement, electrical wiring, roof replacement, repair structural supports and/or remodel to make homes more accessible for disabled individuals.

**How to Apply:** Call Rural Development office or Marion Co. Dept on Aging can provide applications.

**Eligibility:** Be a U.S. resident with gross income below 50% of the county median income. Loan option to pay back loan, home owner and not able to receive loan from non-government credit.

Grant assistance you must be 62 years of age, unable to repay 504 loans and must live in an eligible area.

**Volunteer Income Tax Assistance**

309 S Third Marion, KS 66861  
**620-382-3580**

**Purpose:** To provide free assistance to individuals/families in filing for Federal/State Income Tax returns after February 1<sup>st</sup> or you have all your paperwork to file a return.

**Services:** This service helps low- to moderate-income individuals, persons with disabilities, the elderly, and limited English speakers file their taxes each year.

**Eligibility:** Individuals/families with incomes \$54,000 or less.

**To Apply:** Call the Marion Co Dept on Aging to set up an appointment to bring your tax paperwork in.

**Weatherization  
East Central KS Economic Development  
District**

1320 S. Ash PO Box 40 Ottawa, KS 66067  
Toll-free 888-833-0832

**Purpose:** Assists elderly, handicapped and low income persons to make their homes more energy efficient at NO COST to the individual.

**Services:** Provide energy saving measures: cleaning/tuning-up your furnace, sealing leaks in heating systems, sealing holes in home for insulation, installation, insulating attic areas and exterior walls. Applicable to rentals and homeowners.

**How to Apply:** Call program or website [www.eckan.org](http://www.eckan.org) or contact Marion Co. Dept on Aging for application.

**Eligibility:** Household income is at or below 60% of state-wide median income or a household member received supplemental security income (during recent 12 months) or received temporary assistance to needy families. Landlords must give permission.

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**Grief/ Other Support Groups**

After the loss of a loved one, we experience a wide variety of feelings and emotions. The ever-changing emotions we experience with grief can catch us off guard, causing us to act out of character, or differently than our typical personality and demeanor.

We all need a support system to help us as we move through our grief journey. While family and friends are vital, unless they have experienced a close personal loss, they most likely don't fully "get it." That is where support groups can become a valuable resource. In a support group, you will find 10 or so new comrades also living life after loss.

Grief support groups offer companionship and understanding from others who have experienced a similar loss, and are experiencing the similar challenges that living with grief brings.

In a culture that often avoids talking about loss, support groups give you the opportunity to share your story openly and guilt-free. You also have the opportunity to hear the stories of others and talk

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about coping day-to-day, as well as on the most difficult days of our grief journeys.

**Genevia Grief & Support Group**

106 N Walnut  
Peabody Senior Center  
Peabody, KS 66866

**Purpose:** The support group provides a welcoming environment for those who need a safe, supportive place to give and receive educational, emotional and practical support.

**Services:** This support group meets on the 2<sup>nd</sup> Tuesday of the month at 3:30 pm

**How to Apply:** Call Peabody Senior Center 620-983-2226

**Harden Hospice Grief/Encouragement Group**

Peabody Christian Church  
E Division & N Sycamore  
Peabody, KS  
**316-283-2116**

**Purpose:** The support group provides a welcoming environment for those who need a safe, supportive place to give and receive educational, emotional and practical support

**Services:** This support group meets on the 4<sup>th</sup> Tuesday of the month from 3 pm-4:30 pm at the Peabody Christian Church

**How to Apply:** Call Amy Claassen at 316-283-2116

**Eligibility:** This group is open to anyone, who has lost a loved one. You do not have to have used this hospice in order to join this group. No charge.

### **Parkinson's Support Group**

1102 Hospital Drive  
McPherson, KS  
800-922-6292

**Purpose:** Support and education for people with Parkinson's disease, their family and friends.

**How to Apply:** Call number above to inquire about support group.

### **Funeral Expenses**

The average cost of funerals in Kansas in 2020 is around \$9,000. The average cost of cremation in Kansas in 2020 is between \$950-\$1,200.

What to know about funeral costs: Funeral costs can be divided into the following basic categories:

**The basic service fee.** This universal fee covers services common to all funerals including the use of the home attendants, coordinating burial arrangements with a cemetery or other third parties, securing permits and death certificates, etc.

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**Optional service charges.** These fees are assessed for optional services, which may include transporting the body, embalming, use of the home for viewing (or wakes), use of a hearse or limousine, burial containers, cremation and interment.

**Cash disbursements.** This fee covers goods and services that the funeral home buys from other vendors on your behalf, with your consent. It may include the purchase of flowers, clergy services, obituary notices, pallbearers and other service providers such as musicians. An additional service fee may be assessed by the funeral home for making arrangements with these third parties.

Options to pay for funeral expenses are life insurance or final expense insurance plans.

**Final expense insurance** is relatively affordable if you're on a tight budget. It typically doesn't provide as much coverage as other insurance (more on that later), but if you only need enough of a payout to cover burial costs, rather than a payout for long-term expenses, it could be enough for your needs.

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**Social security death benefit:** Social Security makes a one-time payment of \$255 when you die, if you've worked long enough. Social Security can only pay this benefit to your spouse or child if they meet certain requirements. Survivors must apply for this payment within two years of the date of death. In most cases, the funeral home will report the person's death. You should give the funeral home the deceased person's Social Security number if you want them to make the report.

**VA Burial Benefits:** The burial allowance for a non-service-connected death is \$300 and \$2,000 for a death connected to military service. **Service-related death:** VA will pay up to \$2,000 toward burial expenses for deaths on or after September 11, 2001. If the Veteran is buried in a VA national cemetery, some or all of the cost of transporting the deceased may be reimbursed. **Non-service-related death:** VA will pay up to \$780 toward burial and funeral expenses for deaths on or after October 1, 2018 (if hospitalized by VA at time of death), or \$300 toward burial and funeral expenses (if not

hospitalized by VA at time of death), and \$780 plot-internment allowance (if not buried in a national cemetery)

**Contact VA Representative:** Thomas Innis for Marion County for more information. (785-238-4522)

### **Burial in Kansas State Veteran Cemetery Eligibility:**

Eligibility is based on a veteran meeting military service as listed.

Military service requirement for burial in a Kansas State Veterans' Cemetery must be in accordance with the eligibility standards as set by the U.S. Department of Veterans Affairs – National Cemetery Administration and, as a minimum, must meet one of the following:

- Veteran was discharged from “active duty” under other than dishonorable conditions, or
- Veteran died while on “active duty”, or
- National Guard or Reservists members with 20 years of qualifying service, who are entitled to retired pay or would be entitled, if at least 60 years of age.

Kansas state residency requirement: None

**Eligibility for Veteran Dependents:**

Spouse, surviving spouse, and dependent children are eligible for interment even if the veteran is not buried in a Kansas State Veterans' Cemetery. The veteran must have met military service requirements. This includes lost or buried at sea, missing or missing in action, or a veteran whose remains have been donated to science or cremated and the ashes scattered.

**Eligibility Includes:**

The spouse or surviving spouse of an eligible veteran is eligible for interment in a State Veterans' Cemetery even if the veteran is not buried in a State Veterans' Cemetery.

The surviving spouse of an eligible veteran who had a subsequent remarriage to a non-veteran and whose death occurred on or after January 1, 2000, is eligible for burial in a State Veterans' Cemetery.

Any natural or adoptive child of an eligible veteran who is under the age of 21 and unmarried and;

Under 23 years of age and pursuing a full-time course of instruction at an approved education institution.

An unmarried adult child of an eligible veteran if the child became permanently physically or mentally disabled and incapable of self-support before reaching 21 years of age, or before reaching 23 years age if pursuing a full-time course of instruction at an approved educational institution.

**Pre-registration:**

Pre-registration for interment at one of our four State Veterans' Cemeteries is highly recommended. Pre-registration allows a veteran, spouse, and/or dependent child to establish eligibility for interment at one of the four State Veterans' Cemeteries. There is no cost for pre-registration and it does not obligate the veteran/dependent to be interred at the cemetery selected.

While it does not guarantee a grave-site, it can help avoid confusion and possible delays at the time of need. Pre-registration may be done by mail, or by

visiting one of our State Veterans' Cemeteries or any State Veterans' Service Office. You will need to fill out the KCVA Form 200 and supply the necessary documentation.

**Contact Information:**

Contact the Kansas Veterans' Cemetery of your choice for information about the cemetery, eligibility, interments options and scheduling.

Eric Rohleder, Cemetery Director  
700 S.W. Jackson, Suite 1004  
Topeka, KS 66603  
Phone: (785) 296-3976  
Fax; (785) 296-1462

Heidi Goff, Asst Cemetery Director  
PO Box 185  
403 S 13<sup>th</sup> St  
Wakeeney, KS 67672  
Phone: (785) 743-5685  
Fax: (785) 743-5648

**Willed Body Program**

This is a program for families, who cannot pay for funeral and burial for their loved one. The body is bequeathed to the University of Kansas School of Medicine, Department of Anatomy & Cell Biology. The body will be cremated once released from the University of Kansas School of Medicine. **For more information about this program contact:**  
Coordinator of the Willed Body Program (913) 588-2735 Monday-Friday 7:00 am-2:00 pm.

## **Bereavement Flights**

Not all airlines offer discounts to relatives and close friends who are traveling due to the loss of a loved one or a family emergency. There are some domestic and international carriers in the US and Canada that offer bereavement fares.

**Delta** bereavement fares are eligible for those who have recently had a loss or imminent loss of an immediate family member, including grandparents, in-laws, and siblings, to name a few. In order to qualify, flyers must be part of the Delta SkyMiles program, which is free and can be done online. Proper documentation must be presented to the airline as proof of loss, such as the name of the deceased, your relationship, and place of hospital, hospice, or funeral home. Children traveling with adults that qualify for Delta bereavement fares can also receive the same special rates.

Additionally, the travel dates must coincide within one week of the late family member. Standard baggage fees still apply to those flying. If you are a rewards member with eligible upgrades, you may be able to use them on a bereavement flight.

Delta will potentially waive their services fees for qualifying inbound and return flights. Delta bereavement fares can include both flights booked last-minute and modification to flights already arranged.

### **How Can You Book a Delta Bereavement Fare?**

You will need to call Delta directly to book one of their Bereavement fares for a domestic flight at 1-800-221-1212, or an international flight at 1-800-241-4141. The special rates for these situations cannot be found online.

According to Delta's policy, there may be other special deals or current promotions that offer comparable or better deals than the bereavement fares. You can call them to check the bereavement fare rate, then compare them to Skyscanner's best rates online.

You will need to call Delta directly to book one of their Bereavement fares for a domestic flight at 1-800-221-1212, or an international flight at 1-800-241-4141. The special rates for these situations cannot be found online.

**WestJet** offers bereavement fares and ‘civic funeral fares’ (discounts for guests traveling to a funeral for firefighters, police officers, military personnel or emergency services personnel who have passed in the line of duty). The WestJet bereavement discount is available on Econo, EconoFlex and Premium fares, but travel must be completed within a period of 14 days. Bereavement flights can only be booked by calling WestJet on 1-888-937-8538, and you’ll be asked for proof of your situation.

The following airlines (Southwest, JetBlue, United, American) do not offer bereavement fares but may waive change fees if your travel plans shift due to the passing, or imminent passing, of a loved one.

## Health Insurance

**Healthcare.gov**

1-800-318-2596

**Purpose:** To provide insurance for individuals, who don’t have insurance through other means. Individuals may be able to lower monthly cost through premium tax credit. The tax credit you receive is based on household size and income.

**Services:** This insurance covers the following: Ambulatory patient services (outpatient care you get without being admitted to a hospital), emergency services, hospitalization, mental health and substance use disorder services, prescription drugs, rehab, laboratory services, preventive and wellness services, emergency services pediatric services, including oral and vision care.

**Eligibility:** You must live in the U.S., must be a U.S. citizen or national and can’t be incarcerated. Your income must be below a certain level to qualify.

**How to Apply:** You can call the number above and enroll over the telephone or apply on-line at <https://www.healthcare.gov/>.

**KanCare**  
PO Box 3599  
Topeka, KS 66601  
1-800-792-4884

**Purpose:** To provide health care for low income elderly, adults with disabilities, children with disabilities, children, pregnant women and families with children.

**Services:** Coverage includes: Medical services, Office visits, Regular checkups, immunizations, hospital services (Inpatient and outpatient hospital) Long-term care, including home health services. Lab and x-ray, prescription drugs, eye exams and glasses, hearing services, speech, physical and occupational therapy, dental services, checkups and cleanings, mental health services for inpatient and outpatient mental, behavioral and substance abuse service.

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**Eligibility:** You must be a resident of Kansas and are U.S. Citizens or documented non-U.S. citizens. You must have limited income and assets and be in one of these groups: Persons 65 or over, persons with disabilities, including children and person with Medicare, pregnant woman and families with children.

**How to Apply:** You can receive paper application from Marion Co Dept on Aging or Health Dept. You can apply online at [www.applyforKanCare.ks.gov](http://www.applyforKanCare.ks.gov) . The Marion Co Dept on Aging staff can assist you in applying on line.

**KanCare Ombudsman**  
Phone: 1-855-643-8180  
Relay: 711  
Email: [KanCare.Ombudsman@ks.gov](mailto:KanCare.Ombudsman@ks.gov)

**Purpose:** To provide information and assistance to individuals who are applying for KanCare, having a problem with the process or other questions.

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**Services:** The Ombudsman and staff can answer questions, resolve issues, help with understanding letters from KanCare, respond when you disagree with a decision or change, help completing an application or renewal, help with filing a complaint (grievance), listen, offer ideas, resource and options and filing an appeal or fair hearing.

### **Non-Group Major Medical Coverage in Kansas**

**Purpose:** To provide health care for individuals, who do not have health insurance through their workplace.

**Services:** Coverage includes: Medical services, office visits, regular checkups, immunizations, hospital services, long term care, prescription drugs, eye exams and glasses, hearing services, speech, physical and occupational therapy, dental services, checkups and cleanings, mental health services for inpatient and outpatient mental, behavioral and substance abuse service.

**Eligibility:** You must be a resident of Kansas.

**How to apply:** Contact the following companies for rates and to apply.

Blue Cross and Blue Shield of Kansas, Inc. (All counties except JO & WY) 785-291-4183 800-432-3990

Medica Insurance Company 952-992-2080 800-670-5935

Sunflower State Health Plan, Inc. 844-518-9505

### **Hearing**

The number one question when it comes to hearing is whether or not Medicare pays for hearing exam and hearing aids and the answer is "No".

According to the Center for Medicare Services (CMS) "Medicare doesn't cover routine hearing exams, hearing aids, or exams for fitting hearing aids." It will, however, cover certain diagnostic hearing tests. If you qualify for a diagnostic hearing test under Original Medicare, you will still pay the Part B deductible plus 20% of the test.

What to know before buying a hearing aid.

You went ahead and made the decision to improve your hearing quality, but now what do you do next? As a clever shopper, there are a few things to consider before you make your purchase. Hearing aids will vary by brand and style, for one thing. They come in a variety of shapes, sizes and with features that may seem confusing to you at first. Each variation changes the final hearing aid cost, too, so it's all matters when you shop. Consider 10 things you need to think about before buying hearing aids.

1. Size doesn't matter in hearing aids

Don't let the small size confuse you. Some hearing aids are small and stealth, so bigger doesn't always mean better. It appears as if that tiny device can't really be as effective as the chunkier ones, but the mechanisms in the small hearing aids are just as effective.

2. The best hearing aids offer more than just amplification

Hearing aids cost you money, so look for styles that

provide more than just a tiny speaker. Consider the different features offered, so you know you are getting the ones that are right for your lifestyle. Think about what you want to accomplish with the device, too. Start by making a list of your priorities and carrying it with you when you shop. This will help you pinpoint your personal needs.

3. Having a hearing aid will bring back normal hearing  
There is a big difference between the way you used to hear things and the way you'll hear with a hearing aid. Make sure your expectations are practical. Even good hearing aids will not restore normal hearing.

4. Hearing aids do improve the quality of life

Maybe you won't hear things the way you once did, but, even so, the hearing aids will make your life better. You will hear what you were missing before, understand speech without working so hard and keep those background noises from becoming uncomfortably loud.

5. You need some help finding the right hearing aids  
these not really one of those things you

pick up off the shelf or buy online from a big box store. Find a professional provider and let them help you select the best hearing aid for your life.

6. Get a hearing exam before buying hearing aids  
This will pinpoint the cause of your hearing loss and be instrumental in finding the right hearing aids for your condition. Not all types of hearing loss will benefit from the basic hearing aid, so go into the buying process with all the information you need to make an informed decision including a professional hearing test.

7. Look for a provider that offers an in-store demo and trial period  
The hearing aid cost requires you to be a smart consumer. It's an investment, so make sure to try the hearing aids out first. The in-store demonstration ensures you know how all the features work and how to make adjustments as needed. If possible, get a trial period, as well, so you have a chance to use the devices in a real world setting to make sure they fit properly.

8. Don't miss out on those critical add-ons  
Things like directional microphones and telecoils are necessities in some careers and wireless technology means you can use phones with your hearing aid without having to resort to always using the speaker.

9. Read your contract carefully  
Along with a 30 to 60 day trial period, you need to fully consider the warranty, maintenance choices and follow up appointments that come with your purchase. Ask for a written copy of the contract and read the fine print to see if there are hidden costs or nonrefundable fees.

10. Know the battery lifespan  
Small, compact hearing aids require small batteries that may need replacing often. Some will last just days and that will factor into the cost. A larger unit is less stealth, but possibly more cost-efficient. Take your time when shopping for hearing aids, so you make the right choice at the right price for your budget and lifestyle.

### **Audient**

1-866-956-5400

<http://audientalliance.org/>

**Purpose:** To help low income people nationwide access quality hearing aids and related care at a significantly lower cost.

**How to Apply:** Call 1-866-956-5400 and talk to a representative.

**Eligibility:** Individuals with income above the federal poverty level but who may encounter difficulties finding quality hearing care that they can afford. Family size 1- \$27,075 or Family of 2-\$36,425 yearly income for 2013.

**Cost:** You pay in the range of \$495 to \$975 for one hearing aid or \$990 to \$1,575 for two hearing aids

### **Audio-Reader**

1120 W 11<sup>th</sup> Street

Lawrence, KS 66044

800-772-8898

[reader@ku.edu](mailto:reader@ku.edu)

**Purpose:** A reading and information service for blind, visually impaired, and print disabled individuals in Kansas and western Missouri.

**Services:** They read daily newspapers, magazines and best-selling books on the air and on the internet, 24 hours a day, and they offer automated newspaper readings by telephone.

**Eligibility:** You are eligible for services from Audio Reader at no charge if you cannot read printed materials due to a disability. This includes Multiple Sclerosis, Brain Injury, Parkinson's disease, Macular Degeneration and Blindness to name a few

**Cost:** Free of charge to anyone in our listening area who is unable to read standard printed material.

**How to apply:** Apply on-line or download paper application on website. In the application you will provide the name, title and phone number of a certifying authority such as a Doctor, Registered Nurse or Professional Staff of a Medical Facility or a Public or Private Agency, or an Audio Reader representative. Their signature is not required but they may contact them to verify your eligibility.

**CapTel**  
**913-433-4513**

**Purpose:** To provide caption phone service for individuals with hearing loss.

**How to Apply:** You can contact the above number to apply over the phone or receive an application.

**Eligibility:** You must get a certified professional, who is qualified to evaluate your hearing loss and certify that you require captioning support in order to use the telephone.

**Starkey Hearing Foundation**  
6700 Washington Ave. S., Eden Prairie, MN 55344  
1-800-328-8602  
[www.starkeyhearingfoundation.org](http://www.starkeyhearingfoundation.org)

**Purpose:** Assist low income individuals to obtain needed hearing aides

**Services:** Provides only behind the ear (BTE) aids and earmolds to those who apply and qualify for assistance.

**Eligibility:** Persons, who fall within the program guidelines for income, assets and hearing loss can be considered for assistance. (Appendix E)

**How to Apply:** Call 1-800-328-8602 and discuss with a representative your eligibility for the program. Once they determine you are eligibility, schedule a hearing test with Hear Now provider, complete application, schedule a hearing test with Hear Now provider, complete application and send in by mail.

**Fees:** \$125 for one (1) aid or \$250 for two (2) aids.

## Home Health

Home health care is a wide range of health care services that can be given in your home for an illness or injury. Home health care is usually less expensive, more convenient, and just as effective as care you get in a hospital or skilled nursing facility (SNF).

Examples of skilled home health services include:

Wound care for pressure sores or a surgical wound  
Patient and caregiver education, Intravenous or nutrition therapy, Injections, Monitoring serious illness and unstable health status.

In general, the goal of Home Health care is to treat an illness or injury. Home Health care helps you get better, regain your independence, become as self-sufficient as possible and maintain your current condition or level of function.

Medicare and your Medicare supplemental plan cover your costs if these services have been ordered by a physician.

Doctor's orders are needed to start care. Once your doctor refers you for home health services, the

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home health agency will schedule an appointment and come to your home to talk to you about your needs and ask you some questions about your health.

The home health agency staff will also talk to your doctor about your care and keep your doctor updated about your progress.

It's important that home health staff see you as often as the doctor ordered.

### **Central Home Care**

1715 Medical Pkwy, Suite 100 Newton, KS 67114

316-283-8220 or 800-301-9499

[www.centralhomecare.org](http://www.centralhomecare.org)

Monday-Friday 8:00 am – 5:00 pm

On-Call: nights and weekends

**Purpose:** To provide full range of home health services.

**Services:** Nursing, home health aide, physical, occupational and speech/language pathology therapies, medical social work. Private pay services such as RN, lab draws and medication board set-up, personal emergency response and monitored medication dispenser.

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**How to Apply:** Services must be order by physician.

**Eligibility:** Anyone who needs in-home care.

**Fees:** As determined by diagnosis.

**Funding Source:** Medicare, Medicaid, most private insurance (may require co-pay) and self-pay.

**Marion County Home Care**  
535 S. Freeborn, Marion, KS 66861  
620-382-3690  
Hours: Mon-Fri 8:00 am-4:30 pm

**Purpose:** Provides Health care services to persons, who are recovering from illness, surgery or needs assistance to remain in their own home.

**Services:** Intermittent Skilled Nursing, Physical/Occupational Therapies and Speech Pathology and Personal care/home health aides. Services are available 24 hours a day, seven days a week.

**How to apply:** Contact the Agency 620-382-3690.

**Eligibility:** Patient of all ages. Physician's orders plus live in Marion County.

**Fees:** Accepts Medicare, Medicaid, private insurance, Veteran's benefits and private pay. The agency will make you aware of your financial responsibility prior to the delivery of products and services.

## Hospice

Hospice care is end-of-life care. A team of health care professionals and volunteers provides it. They give medical, psychological, and spiritual support. The goal of the care is to help people who are dying have peace, comfort, and dignity. The caregivers try to control pain and other symptoms so a person can remain as alert and comfortable as possible. Hospice programs also provide services to support a patient's family.

Usually, a hospice patient is expected to live 6 months or less. Hospice care can take place: At home, a hospice center, hospital and/or skilled nursing facility.

How long can you get hospice care?

Hospice care is for people with a life expectancy of 6 months or less (if the illness runs its normal course). If you live longer than 6 months, you can still get hospice care, as long as the hospice medical director or other hospice doctor recertifies that you're terminally ill.

You can get hospice care for two 90-day benefit periods, followed by an unlimited number of 60-day benefit periods.

You have the right to change your hospice provider once during each benefit period.

At the start of the first 90-day benefit period, your hospice doctor and your regular doctor (if you have one) must certify that you're terminally ill (with a life expectancy of 6 months or less). At the start of each benefit period after the first 90-day period, the hospice medical director or other hospice doctor must recertify that you're terminally ill, so you can continue to get hospice care.

Consider these questions when choosing your hospice care providers:

Is the hospice provider certified and licensed by the state or federal government?

Does the hospice provider train caregivers to care for you at home?

How will your doctor work with the doctor from the hospice provider?

How many other patients are assigned to each member of the hospice care staff?

Will the hospice staff meet regularly with you and your family to discuss care?

How does the hospice staff respond to after-hour emergencies?

What measures are in place to ensure hospice care quality?

What services do hospice volunteers offer? Are they trained?

Medicare only covers your hospice care if the hospice provider is Medicare-approved. To find out if a hospice provider you're considering is Medicare-approved, ask one of these: your physician, state hospice organization or state health department.

## **Good Shepherd Hospice**

301 N Main Place Suite 300

Newton, KS 67114

316-804-4980

Office hours: 8-5 Mon-Fri

[www.goodshepherdhospice.com](http://www.goodshepherdhospice.com)

**Purpose:** We recognize that growth is a lifelong process, and strive to be stewards and advocates of the end of this process. We provide world class hospice care to patients and families in the form of pain and symptom management, treating the needs of the whole person: physical, social, psychosocial and spiritual. We neither impede nor accelerate death, but instead strive to improve the quality of life.

**Services:** Hospice focuses on controlling physical and emotional pain to assure each patient the greatest level of comfort and dignity possible. Patients are cared for by a team of physicians, nurses, home health aides, social workers, chaplains and trained volunteers.

**How to Apply:** Call 316-804-4980 to set up a free consult.

**Eligibility:** Presence of life-limiting illness (expectancy of six months or less) if disease takes its usual course.

**Fee:** There is no cost to you and your family for services which are covered by Medicare, Medicaid and private insurances.

**Harden Hospice of Kansas**

117 E Euclid

McPherson, KS 67460

620-245-0891

Office Hours: Mon-Fri 8:00 a.m.-5 p.m.

[www.hardenhealthcare.com](http://www.hardenhealthcare.com)

**Purpose:** End-of-life care for individuals and support for families/caregivers.

**Services:** Provides a unique blend of clinical, social and spiritual support services for patient and family members by a multi-disciplinary team.

**How to apply:** Individuals/ families may contact directly or referred by physician, nursing home social

services, Pastor or hospital discharge planner.

**Eligibility:** A patient has a terminal illness with a limited life expectancy and the doctor has certified hospice care.

**Fee:** Accepts Medicare, Medicaid, Private insurance and Veteran Benefits

**Harry Hynes Memorial Hospice**

1715 Medical Parkway Newton, KS 67114

316-283-1103 or Toll free 800-767-4965

[www.hynesmementorial.org](http://www.hynesmementorial.org)

**Purpose:** End-of-life care for individuals and support for families/caregivers.

**Services:** Full range of services under the Medicare Hospice Benefit, including care from a multi-disciplinary team that is available 24 hours a day, every day, symptom management, grief support and bereavement follow-up. Also offer community education and professional in-services.

**How to apply:** Individuals/ families may contact directly or referred by physician, nursing home social services, Pastor or hospital discharge planner.

**Eligibility:** Presence of life-limiting illness (expectancy of six months or less) if disease takes its usual course. Services provided in Marion County and 25 other counties in Kansas.

**Fee:** Medicare and Medicaid and Private insurance

**River Cross Hospice**  
500 N Main ST, Suite 102  
Newton, OK 67114  
Phone: 316-260-9690  
Fax: 316-440-5562

**Purpose:** Hospice supports and comforts terminally ill patients and their loved ones. Hospice manages pain, controls symptoms, and understands that emotional and spiritual stresses are as significant as physical pain.

**Services:** Provides intermittently in-home comfort and security. Provides pain control and symptom management in specialized inpatient unit or skilled nursing home or hospital. Provides short-term care when necessary to relieve the family members or other persons caring for the individual

**Eligibility:** Anyone with a life expectancy of six months or less if the terminal illness or disease runs its normal course.

**How to apply:** Contact River Cross by calling the number listed above.

**Funding:** Hospice is a 100% covered Medicare/Medicaid benefit for services related to the hospice diagnosis. Rivercross Hospice accommodates most private insurance companies and offers additional payment options. In cases where no insurance is available, a financial needs assessment will be completed for those individuals.

## Housing

### Flint Hills Housing Assistance

401 Houston Street, Manhattan, KS 6650

1-785-776-9294 or 1-800-432-2703

**Purpose:** To provide housing vouchers for decent, safe and sanitary rental housing for eligible families. To provide opportunities and promote self-sufficiency and economic independence for Section 8 Housing Choice voucher participants.

**Services:** The Public Housing Authority (PHA) pays the owner of the property the difference between 30% of the adjusted family income and a PHA determined payment standard or the gross rent for the unit whichever is lower. The voucher holders select a unit from the private rental market.

**How to apply:** Application can be obtained from NC-FH AAA or the Marion Co. Dept on Aging by calling 620-382-3580. Once you have applied your name comes to the top of the PHA's waiting list.

**Eligibility:** The applicant must meet income limits set by HUD, be a U.S. citizen or have eligible immigration status and meet a PHA's definition of a family.

### Florence Housing Authority/Carriage Manor

124 E. 9<sup>th</sup>, Florence, KS. 66851

620-878-4371 or Fax 620-878-4369

Office Hours:

Mon.-Tues-Wed – 8:00 am-12:00 pm

Thursday-1:00-5:00 pm

**Purpose:** To provide affordable HUD Housing where rent is based on income.

**Services:** They provide 21 one-bedroom apartments and 4 two-bedroom apartments. They have a community room and storm shelter. There is also a laundry facility and two washers and two dryers.

**Activities:** They have a potluck every third Wednesday of the month and Monday Morning coffee hour.

**How to apply:** Contact the office at 620-878-4371.

**Eligibility:** Applicants must meet income limits set by HUD.

**Hillsboro Housing Authority/Grand Oaks  
Apartments**

506 W. Grand, Hillsboro, KS 67063  
620-947-2235

[grandoaks@embarqmail.com](mailto:grandoaks@embarqmail.com)

Hours: Mon, Tues, Thurs 8:00am-12 p.m.  
Wed. 1:30-5:30 pm

**Purpose:** Their mission is to promote adequate and affordable housing, economic opportunities and a suitable living environment free from discrimination.

**Services:** They provide quality, affordable independent housing for one and two person families.

**How to Apply:** Applications may be made during regular office hours in person, by phone or via email.

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**Eligibility:** Applicants meet income requirements, be a U. S. citizen or have eligible immigration status, be at least 18 years old and demonstrate the ability to be a good tenant. Special deductions are allowed for tenants who are 62+ years or disabled.

**Homestead Senior Residences  
And Victory Lane Duplexes**

1500 E. Main, Marion, KS. 66861  
620-382-2606

Hours: Staff in office in mornings or call for appointment.

**Purpose:** To offer housing to low income, disabled, elderly and retired individuals.

**Services:** Apartments are equipped with emergency call alarms, grab bars in bathrooms, community room and laundry facilities.

**How to Apply:** Call or come in for application or information.

**Eligibility:** Must be 55 years or older.

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**Marion Housing Authority/Hilltop Manor**

1501 E. Lawrence, Marion, KS 66861  
620-382-2218

Hours: Mon-Wed 9:00 am-4:00 pm  
Thurs-Fri 9:00 am- noon

**Purpose:** To provide low income housing to elderly and handicap individuals.

**Services:** Available are 26 one-bedroom apartments and 2 two-bedroom apartments. Residents can use the large community building, laundry and a storm shelter. Utilities are paid by the Housing Authority.

**Activities:** Residents meet twice a week for activities. Special activities include a monthly Potluck and Birthday party. Outings made available to residents.

**How to apply:** Contact the Office at 620-382-2218

**Eligibility:** Applicants of any age can apply but preference is given to elderly and handicap individuals and they must meet income limits set by HUD.

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**Oakwood Manor**

401 N Ash  
Hillsboro, KS  
620-947-1536

**Purpose:** To provide low income housing to multi-family.

**Services:** Available are 24 units

**How to Apply:** Contact the office at the number listed above

**Peabody Housing Authority/  
Indian Guide Terrace**

501 N. Vine, Peabody, KS 66866  
620-983-2958

[indgui@yahoo.com](mailto:indgui@yahoo.com)

Office hours: 1 pm-5 pm Mon-Fri

**Purpose:** Apartments for elderly and disabled individuals.

**Services:** The building contains 24 apartments with a Community Room for resident use. Meals are

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available from the Peabody Sr. Center and also transportation to and from the center for noon meals, Monday through Friday. Meals on Wheels services are also available.

**How to Apply:** Call 620-983-2958 or e-mail [indianguide@rentourspace.com](mailto:indianguide@rentourspace.com)

**Eligibility:** Head of household, co-head or spouse is at least 62 years of age or disabled.

**Fee:** Based on income.

### **Sunflower Apartments**

600 E. Marion  
Goessel, KS  
620-367-2617

**Purpose:** Low Income housing

**Services:** Twelve one bedroom apartments

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### **Sunrise Townhomes**

101 N Eisenhower Dr.  
Marion  
620-382-2763

**Purpose:** Low income housing

**Services:** 16 units consisting of (12) 2-Bedroom, 1-Bath units and (4) 3-Bedroom, 1-Bath units. Each unit has an attached 1-car garage with opener, living room, formal dining room, and kitchen and laundry appliances. Low income housing and also accepts section 8 housing choice vouchers.

### **Vintage Duplexes**

Hillsboro, KS 67063  
1-316-775-3000 Ext. 102  
[www.mid-capinc.org](http://www.mid-capinc.org)

**Purpose:** Low income housing for individuals and families

**Services:** 12 duplexes with 2-3 bedroom, 2 baths and garage. You pay gas and electric.

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**Eligibility:** You must meet income guidelines to qualify for housing.

**How to Apply:** Call the number above to apply.

### **Information and Referral**

#### **Marion County Department on Aging**

309 S. Third, Marion, KS 66861

620-382-3580

Mon-Friday 8:00 am-4:30 pm

E-mail: [aging@marioncoks.net](mailto:aging@marioncoks.net)

[www.marioncoks.net](http://www.marioncoks.net)

**Purpose:** To promote physical/mental health well-being and independence for older adults living in their home.

**Services:** Information and referral, advocacy, counseling on Medicare, supplemental insurance and Prescription Drug plans. Enrolling individuals in Prescription drug plans, Medicaid application, homestead tax refund. Provides education and free

publications for pre-retirees, older adults, caregivers and children of older adults. Transportation for individuals over the age of 60. Free quarterly newsletter call or e-mail the office to get on the mailing list.

**Eligibility:** Marion County resident, who is 60 years of age or older and their families or caregivers.

#### **North Central-Flint Hills**

#### **AREA AGENCY ON AGING Inc.**

401 Houston St. Manhattan, KS 66502

1-800-432-2703 or 785-776-9294

Mon-Fri 8:00 am-5:00 pm

[www.ncfhaaa.com](http://www.ncfhaaa.com)

**Purpose:** To enhance the quality and dignity of life for older Kansans and their caregivers through coordination of a comprehensive array of services.

**Information and Assistance:** Presentations on Medicare, consumer scams and other issues related to seniors and caregivers. Address questions or concerns and provide “answers on aging.” Help with understanding public benefits, cutting through red

tape and completing applications and paperwork. Referrals are made to others who can provide support or assistance.

**Support for Family Caregivers:** Free monthly caregiver newsletter and conference call. Caregiver conference calls the third Wed. of the month at 2 p.m. Call toll-free 1-866-476-8702, enter PIN number 801707 followed by the # key.

**Senior Health Insurance Counseling for Kansas:** Assistance and information for individuals with Medicare such as selecting or changing prescription drug and health insurance plans, choosing supplement ( Medigap) plans and long-term care insurance.

**Options Counseling and Case Management:** Case Manager completes a comprehensive assessment to identify care needs of seniors and provides options counseling to maintain seniors' safety, independence and dignity through in-home service.

**Keynotes:**

A bi-monthly magazine regarding aging issues sent out free to those 55 and older in Marion County.

**Eligibility:** Age 60 and over for most services.

**Fee:** Some services sliding fee scale based on ability to pay.

**Kansas Aging and Disability Resource Center**

1-855-200-2372

[www.kdads.ks.gov](http://www.kdads.ks.gov)

**Purpose:** The ADRC is designed to empower older adults and persons with disabilities to make informed choices about their services and supports.

**Services:** The ADRC provide objective information and assistance to help people access private and publicly funded service program. The call center is a wealth of resource information for community services.

**Cost:** No cost.

**K-State Research and Extension, Chisholm  
Trail District**

Marion County Office  
1116 E Main Marion, KS 66861  
620-382-2325  
Hours: Mon-Fri 8:30 am-5:00 pm

**Purpose:** Provide the Marion Co. residents with practical non-biased, research-based information on a variety of subjects.

**Services:** Educational programs, personal consultation, publications and newsletters. Topics include: financial management, healthy eating, parenting, basic life skills, food safety, aging issues, agriculture/ forage management, wildlife control, plant/soil nutrient management and 4-H youth development.

**How to apply:** Anyone can call office for publications, personal consultations and newsletter. Educational programs are advertised in county newspapers, our county newsletters and website. A registration and a fee for special programs.

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**United Way of the Plains,**  
Wichita, KS, (316) 267-1321  
[211kansas@unitedwayplains.org](mailto:211kansas@unitedwayplains.org)

**Purpose:** 2-1-1 Kansas online can connect you to thousands of nonprofit and government human services across Kansas. For kids. For seniors. For you. Search 2-1-1 Kansas online to find help in your area.

**How to apply:** Dial 2-1-1 toll free across Kansas to talk with a trained specialist to find help. All calls are confidential and answered 24 hours a day, seven days a week.

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## Legal Services

### CASA

Lisa Hatt, Executive Director  
CASA of the 8th Judicial District  
801 N. Washington, Suite C  
Junction City, KS 66441  
785-762-3907  
casa@8thjd.com

**Purpose:** A community-based programs that recruit, train and support citizen-volunteers to advocate for the best interests of abused and neglected children in courtrooms and communities.

**Eligibility:** Volunteers must be 21 years old. Be willing to complete necessary background checks, provide references and participate in an interview. Complete a minimum of 30 hours of pre-service training. Be available for court appearances, with advance notice. Be willing to dedicate themselves to a case until it is closed. The average case lasts two years. Advocates are supervised every step of the way and always have resources readily available.

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**How to Apply:** Call phone number or apply on-line at [www.kanasascasa.org](http://www.kanasascasa.org).

### Kansas Legal Services

527 Commercial Suite 201  
Emporia, KS 66801  
Toll free: 1-800-723-6953

**Purpose:** Provide free legal assistance for persons 60+ in Marion County.

**Services:** Provides assistance with non-fee producing cases that affect individual's income, housing health care and consumer concerns.

**How to apply:** Call toll-free 1-800-723-6953 (Monday through Friday from 7:30 am to 5:45 pm) to see if you are eligible for legal assistance. You can apply on-line at [www.kansaslegalservices.org](http://www.kansaslegalservices.org). An intake specialist will contact you within 2 days to obtain additional information.

**Fees:** Clients pay court costs, filing fees and some litigation expenses, but no attorney fees are charged.

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## Medical Services

### Grace Med Health Center

1122 N Topeka, Wichita, KS 67214  
Medical Appointments call: 316-866-2000  
8:00 am-5:00 pm

**Purpose:** To demonstrate God's love to people living in Kansas by providing compassionate, affordable, high quality healthcare.

**Services:** The Health Center provides medical, dental and prescription drug assistance.

**How to Apply:** Contact by phone and make an appointment.

**Fees:** Services are charged on a sliding fee scale based on household income, Medicare, Medicaid, health Wave and commercial insurance plans are also accepted. They do not accept person checks.

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### Health Ministries Clinic

720 Medical Center Dr.  
Newton, KS 67114  
316-283-6103

<http://hmcks.org/services/>

**Purpose:** To provide primary care, dental care and behavioral health care to uninsured and insured patients.

### Hillsboro Community Hospital

620-947-3114

[www.hchks.com](http://www.hchks.com)

**Purpose:** An acute care, full service Critical Access Hospital with 15 beds. The Business Office staff will answer questions about health insurance and file claims on your behalf.

**Services:** Services include diagnostic and therapeutic services, 24 hour emergency care, convenient and specialized outpatient resources, pharmaceutical services and other services designed to improve the health and well being of our community.

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They offer a broad range of services including Emergency, Surgery Services, Radiology, Laboratory, Rehabilitation Services, Inpatient Care, and Swing Bed.

**Outpatient:** Lab, Radiology, Sonograms, EKG's treadmill tests, nerve, sleep studies, Therapies (physical, respiratory, occupational) and laparoscopic surgeries.

**Mammograms and Pap Tests**  
**Call: 877-277-1368**

**Purpose:** This program pays for breast and cervical cancer screenings for Kansas women, who are 40-64 years old.

**Services:** Provide free breast cancer screening and cervical cancer screening.

**How to Apply:** Call the number above to see if you qualify. If you qualify you will be given an enrollment number and referred to a health care provider.

**Fees:** Free

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**Marion County Health Department**

504 S Roosevelt, Marion, KS 66861  
620-382-2550 or 1-800-305-8848  
Hours: Mon-Fri 8:00 am-5:00 pm  
[www.marioncoks.net](http://www.marioncoks.net)

**Purpose:** To provide public health services to Marion County residents that prevents disease and maintains health and promotes wellness.

**Services:** Adult immunizations and TB tests, communicable disease prevention and treatment recommendation and blood pressure checks.  
Walk-In Immunization Clinic: Wed 8:30 am-12:30 pm and 1:30 pm-5:00 pm

**Fees:** Medicare accepted for flu and pneumonia vaccinations, Medicaid (state insurance) & BC/BS is accepted, however, not all services are covered under each insurance. Please call for more information.

**Funding Source:** Federal, State and local grants and County Mill Levy.

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**St Luke Hospital**

535 S. Freeborn, Marion, KS 66861  
620-382-2177

Hours: 8:00 am-5:30 pm

**Purpose:** This 10-bed hospital offers emergency, surgical, acute care and skilled care services.

**Services:** Emergency Room, Acute Care, Skilled Nursing, Cardiac and Pulmonary Rehab, Physical, Occupational and Speech Therapy, Radiology, CT Scans, Nuclear Medicine, Mammograms, Laboratory, Sonograms, MRI, Dexa Scans, Nerve Conduction, EEG, Home Care Physician Clinic and Long-Term Care Unit

**St. Luke Integrated Health Care Clinic**

921 E. Main, Marion, KS. 66861  
620-382-2998

Hours: Monday-Saturday by Appointment

**Purpose:** Massage Therapy and Bodywork is a safe, effective, and nurturing form of health care that

**Services:** Different types of therapeutic massage, reflexology, warm stone massage, bodywork, sports massage.

**How to Apply:** Call for an appointment

**Eligibility:** Anyone unless pathology is contraindicated for massage. If unsure ask the Therapist.

**Fees:** From \$15.00 to \$55.00 depending on length and type of massage.

**Funding Source:** Private Pay at time of appointment

## Medicare

Medicare is a federally-run health insurance program administered by the Centers of Medicare and Medicaid Services (CMS) In order to be eligible to receive Medicare, you must meet at least one of the following criteria: Be age 65 or older, Have permanent kidney failure or have a Medicare-qualified disability.

Medicare is made up of 4 separate parts: Part A (hospital insurance-no cost) Part B (medical insurance-monthly premium) Part C (Medicare advantage plans and Part D (Prescription Drug Coverage)

Enrollment periods for Parts A, B, C and D vary. If you turn 65 you have an initial enrollment which is 3 months before you turn 65, the month you turn 65 and 3 months after 65. At this time you can enroll in Medicare Part A & B plus Prescription Drug plan. Your coverage will start no sooner than your 65 birthday month. If you are getting benefits from Social Security or Railroad Retirement Board before you turn 65 you will be automatically get Part A and Part B starting the first day of the month you turn 65. If

you're under 65 and disabled you will automatically get Part A and Part B after you get disability benefits from Social Security or certain disability benefits from RRB for 24 months. If you have ALS you will get Part A and Part B automatically the month your Social Security disability benefits begin.

**Special Enrollment** period apply when you are able to delay your enrollment in Medicare Parts A, B, C & D. Special enrollment applies when you continue to work after 65 and have coverage through your employer of more than 20 workers. Your health coverage must be connected to work so if you are receiving COBRA before you turn 65 then once you reach age 65 then need to enroll in Medicare so don't get a penalty.

If you miss your Initial Enrollment Period or your Special Enrollment period, you get another chance to enroll during **General Enrollment**. General Enrollment is January 1<sup>st</sup> through March 31<sup>st</sup> and coverage begins July 1<sup>st</sup>.

The Marion Co Dept on Aging staff holds a pre-retirement class in late August each year. The staff is also available to meet with you to discuss your

enrollment in Medicare, Medicare Supplemental and Prescription Drug plans.

### Medicare Savings Programs

There are four programs that help people on Medicare to save money each year. The programs are for people with limited income and resources that pay some or all of Medicare’s premiums and may pay Medicare deductibles and coinsurance.

**How to apply:** The Marion Co Dept on Aging has paper applications or can file for you on-line for these programs.

**Eligibility:** You may be eligible if you answer YES to the following 3 questions. 1. Do you have Medicare Part A, also known as hospital insurance? 2. Are your resources at or below \$8,400 for an individual or \$12,600 for a married couple? Or for Extra Help only, are your resources below \$14,620 for an individual or \$29,160 for a couple. Resources does not include your primary residence and vehicle. 3. Is your income at or below the limits on next page.

Program	Individual Monthly Income	Married Couple Monthly Income	Pays for:
Qualified Medicare Beneficiary	\$1,133	\$1,526	Part A, Part B and Part D
Low Income Medicare Beneficiary	\$1,359	\$1,831	Part B Premiums and Part D
Expanded Low Income Medicare Beneficiary	\$1,529	\$2,060	Part B premiums and Part D
Medicare Part D: <b>Extra Help</b>	\$1,699	\$2,289	Part D Premiums, co-pays

**These income guidelines are for 2022.**

Extra Help Level	Marital Rights	2022 Extra Help Resource Limit	2022 Extra Help Limit with Burial Expenses	2022 Extra Help Income
Full	Single	\$8,400	\$9,900	\$20,625
Full	Married	\$12,600	\$15,600	\$27,705
Partial	Single	\$14,010	\$15,510	\$20,625
Partial	Married	\$27,950	\$30,950	\$27,705

This is the resource limits for assistance with your Prescription Drug plan premium for 2022.

### Medicare Supplemental Plans

Medigap is Medicare Supplement Insurance that helps fill "gaps" in Original Medicare and is sold by private companies. Original Medicare pays for much, but not all, of the cost for covered health care services and supplies. A Medicare Supplement Insurance (Medigap) policy can help pay some of the remaining health care costs, like: copayments, coinsurance and deductibles.

### 10 things to know about Medigap policies

1. You must have Medicare Part A and Part B to enroll in a Medigap policy.
2. A Medigap policy is different from a Medicare Advantage Plan. Those plans are ways to get Medicare benefits, while a Medigap policy only supplements your Original Medicare benefits.
3. You pay the private insurance company a monthly Premium for your Medigap policy. You pay this monthly premium in addition to the monthly Part B premium that you pay to Medicare.
4. A Medigap policy only covers one person. If you and your spouse both want Medigap coverage, you'll each have to buy separate policies.
5. You can buy a Medigap policy from any insurance company that's licensed in your state to sell one.
6. Any standardized Medigap policy is guaranteed renewable even if you have health problems. This means the insurance company can't cancel your Medigap policy as long as you pay the premium.
7. Some Medigap policies sold in the past cover prescription drugs. But, Medigap policies sold after January 1, 2006 aren't allowed to include prescription

drug coverage. If you want prescription drug coverage, you can join a Medicare Prescription Drug Plan (Part D).

8. It's illegal for anyone to sell you a Medigap policy if you have a Medicare Advantage Plan, unless you're switching back to Original Medicare.

9. Medigap policies generally don't cover Long-term care, vision or dental care, hearing aids, eyeglasses, or private-duty nursing.

10. You have an 6 month window to enroll in a Medigap policy after your Medicare Part B starts. Once past this six months you lose the guarantee issue right. The guarantee issue right is where the insurance company can't deny you a policy or place conditions on your policy due to pre-existing conditions and can't charge you more for a policy.

### **Medicare Advantage Plans**

Medicare Advantage Plans, sometimes called "Part C" or "MA Plans," are an "all in one" alternative to Original Medicare. They are offered by private companies approved by Medicare. If you join a Medicare Advantage Plan, you still have Medicare. These "bundled" plans include Medicare Part A

(Hospital Insurance) and Medicare Part B (Medical Insurance), and usually Medicare prescription drug (Part D)

Medicare Advantage Plans must cover all of the services that Original Medicare covers. However, if you're in a Medicare Advantage Plan, Original Medicare will still cover the cost for hospice care, some new Medicare benefits, and some costs for clinical research studies. In all types of Medicare Advantage Plans, you're always covered for emergency and urgently needed care. You may have to use in-network doctors and hospital or pay an out of network cost.

There is four types of Medicare Advantage plans. **Health Maintenance Organizations (HMOs)**. HMOs operate through a network of health care providers. HMOs contract with hospitals, physicians, laboratories and other providers to create their provider network. You will be required to have a primary care provider (PCP). You will need to contact your PCP to obtain referrals to see specialists or to receive some services. In HMO plans, enrollees usually must obtain health care services through network providers. The HMO will not cover services that plan enrollees obtain when

they see physicians or go to hospitals or other providers outside of the network except for emergency or urgent care.

**Preferred Provider Organizations (PPO)** PPO is a type of Coordinated Care plan that operates through a network of health care providers. PPOs generally pay for out-of-network care. They do not require enrollees to choose a primary care provider nor do they require referrals to see specialists or receive certain types of health services. PPOs may or may not offer Medicare drug coverage.

**Special Needs Plans (SNPs)** are a type of coordinated Care Plan that exclusively provides coverage for beneficiaries with special medical needs or health care situations. SNPs must offer Medicare Part D drug coverage. The SNP may serve one of the following three subgroups of Medicare beneficiaries: Institutionalized individuals, dual-eligible individuals and individuals with a chronic or disabling condition. Private Fee-for-Service Plans (PFFS) you don't need to choose a primary care doctor in PFFS plans. You are not limited to a network of health care providers and do not need a referrals to see a specialist. PFFS

do set their own payment rates for health care providers. You may see any provider who agrees to accept the plan's payment terms. You need to know that any Medicare provider, including physicians, home health agencies and equipment suppliers, may choose to accept, or not accept, the terms of the PFFS plan each time a patient visits the provider.

## Mental Health

It is estimated that 20% of people age 55 years or older experience some type of mental health concern (6). The most common conditions include anxiety, severe cognitive impairment, and mood disorders (such as depression or bipolar disorder). Mental health issues are often implicated as a factor in cases of suicide. Older men have the highest suicide rate of any age group.

Depression, a type of mood disorder, is the most prevalent mental health problem among older adults. It is associated with distress and suffering. It also can lead to impairments in physical, mental, and social functioning. The presence of depressive disorders often adversely affects the course and complicates

the treatment of other chronic diseases. Older adults with depression visit the doctor and emergency room more often, use more medication, incur higher outpatient charges, and stay longer in the hospital. Although the rate of older adults with depressive symptoms tends to increase with age, depression is not a normal part of growing older. Rather, in 80% of cases it is a treatable condition. Unfortunately, depressive disorders are a widely under-recognized condition and often are untreated or undertreated among older adults.

**Community Mediation Center**  
2515 College Avenue P.O. Box 276  
North Newton, KS 67117  
316-284-5829  
cmc@bethelks.edu

**Purpose:** This program is a mediation process developed to help family members communicate effectively and through discussion, negotiation and problem solving, make decisions that are in the best interest of their elderly family members.

**Services:** They assist families and elders in making decisions about whether a person should continue to

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drive, moving into a retirement community or nursing home, sufficient funds for future care and end of life issues.

**How to apply:** Referrals can be made by families.

**Generations Unit at Newton Medical Center**  
60o Medical Center Drive, Newton, KS 67114  
316-283-2700 ext. 3000

**Purpose:** To evaluate and treat mental illness associated with aging. The unit is for people age 55 and older who are experiencing any of the following change in cognitive status, onset or increase in disorientation, delusions, hallucinations, suicidal thoughts, self-destructive behavior, aggressive behavior, changes in sleep/appetite/mood and alcohol or drug medical detoxification.

**Services:** Provides Geriatric/Psychiatric nursing care required 24-hours a day and close supervision by a physician. This is a homelike environment in which people can work on mental health issues and socialization.

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**How to Apply:** To request an admissions screen call 316-283-2700 ext. 3000 or 316-804-6119.

### **Kansas Agricultural Mediation Services**

1-800-321-3276

[www.ksre.ksu.edu](http://www.ksre.ksu.edu)

**Purpose:** To provide mediation between farmers and their family, Ag producers, creditors and landlord/tenant relations.

**Services:** To help any Kansas farmer or rancher with mediation, financial counseling, legal assistance and family farm transition.

How to Apply: Call 800 number.

**Costs:** The farmer or rancher is responsible for part of the fee based on a “co-pay” system. The fees are based on family income and is one of four hourly rates-\$20, \$30, \$50 or \$80.

### **Prairie View Life Transitions Program**

1901 E Frist St., Newton, KS 67114

316-284-6400

Hours: Mon-Fri 8:00 am-5:00 pm

**Purpose:** An out-patient program for individuals experiencing difficult times such as grief, loss, health decline, depression, anxiety and family conflicts, etc.

How to apply: Call phone number.

Program Times: Tuesdays and Thursdays from 10 am to 11 am and Wednesdays from 11 am to 12 pm.

### **Prairie View Mental Health Center**

508 S Ash PO Box 185 Hillsboro, KS 67063

620-947-3200 or 800-362-0180

Hours: Mondays & Wednesdays 8:00 am-8:00 pm

Tuesdays, Thursdays & Fridays 8:00 am -5:00 pm

**Purpose:** To Provide a full range of behavioral health services to all ages.

**Services:** Evaluation and treatment of mental health disorders such as depression, anxiety, marital issues,

dementia and more. Services include individual therapy, family therapy, outpatient substance abuse, medication evaluation and management. A driving capacity screening for older adults.

**How to Apply:** Call 800-362-0180 or set up initial appointments.

**Fee:** Most services are covered by private insurance including Medicare.

**Cost:** Medicare and other insurance companies are billed. Prairie View's financial counselors will work to establish affordable monthly payments if Medicare or other providers do not cover total costs.

**Rose Behavioral Unit**  
Abilene Memorial Hospital  
511 NE 10th St.  
Abilene, KS 67410  
Phone: (785) 263-6625

**Purpose:** A unit that specializes in diagnosing and treating the complex behavioral health problems of older adults.

**Services:** Designed to diagnose and treat the complex problems of older adults.

- Comprehensive medical and psychiatric evaluation
- Individualized treatment plan
- Individual, group, and family therapy
- Family participation, including education and Therapy.
- Coping and life skills training
- Activity therapy groups
  - Therapeutic exercise/stress reduction
- Pastoral Counseling if requested
- Medication management/education
- Individualized continuing care plan for discharged patients and their families

How to apply: An assessment is performed by a Mental Health Professional to assist in determining the need for treatment. Call for more information or for a confidential screening.

### **Senior Life Solutions**

St. Luke Hospital  
535 S Freeborn, Marion, KS 66861  
620-382-2177

**Purpose:** To help all individuals suffering from issues related to aging – including the following: isolation or loneliness, depression, anxiety, a recent health diagnosis, chronic health conditions, grief and loss, difficult life transitions, loss of interest in activities.

**Services:** An intensive outpatient counseling program for adults ages 65 and older. It provides psychiatric evaluation, group therapy, individual therapy, family therapy, medication education, psychiatric medication management, resource development and discharge planning.

**How to apply:** Anyone can make a referral to Senior Life Solutions.

### **Suicide & Crisis Lifeline** **Dial 988 or chat 988lifeline.org**

**Purpose:** For individuals or someone you know who is struggling or in a crisis, this lifeline provides help.

**Services:** 988 offers 24/7 access to trained crisis counselors who can help people experiencing mental health-related distress. That could be: thoughts of suicide, mental health or substance use crisis or any other kind of emotion distress.

### **Nursing Homes in Marion County**

A nursing home, can be intermediate or skilled nursing facility, which provides a wide range of health and personal care services.

Services typically include nursing care, 24-hour supervision, three meals a day, and assistance with everyday activities. Rehabilitation services, such as physical, occupational, and speech therapy, are also available.

Visit the nursing home you are interested in placing your loved one. Make an appointment to get a tour

and talk about the admission process.

The Medicare Nursing Home Checklist (PDF, 178K) has some good ideas to consider when visiting. For example, look for:

- Medicare and Medicaid certification
- Handicap access
- Residents who look well cared for
- Warm interaction between staff and residents

How to pay for a nursing home. If your loved one has been in the hospital for three days they may meet the criteria for skilled care which is covered by Medicare. If they don't meet the criteria for skilled care then they will need to pay privately or apply for KanCare (State assistance to pay for nursing home care)

### **Bethesda Home**

408 E. Main St., Box 37, Goessel, KS 67053  
620-367-2291

Business Office-Mon-Fri. 8:00 am-4:30 pm

[www.bethesdahome.org](http://www.bethesdahome.org)

**Purpose:** To provide skilled and intermediate nursing, assisted living and independent living care to elderly and frail.

**Services:** Nursing care 24 hours a day plus skilled nursing, therapy (PT, OT, and speech) and independent living

**How to apply:** Contact Bethesda Social service staff to apply.

**Eligibility:** Persons entering assisted living must be 65 years of age. 62+ person's independent living. Nursing care must have a care assessment.

**Funding Source:** Private pay, Medicare, KanCare and long-term care insurance.

## **Division of Assets**

The Spousal Impoverishment law sometimes called Division of Assets changes the KanCare eligibility requirement for couples in situations in which only one spouse needs nursing home care. It allows the spouse remaining at home to protect a portion of income and resources. The spouse needing care can receive KanCare sooner and without the spouse at home being reduced to poverty.

You will need to fill out KanCare application. You will be asked to list all of the assets owned by you and your spouse (even if assets is listed in well spouse's name). The State will determine the amount of resources that can be protected for the community spouse. Resources needed for spouse in nursing home will need to be transferred to them and used for their nursing home stay. Once this money has been used to pay for nursing home stay they will be eligible for KanCare to start paying for their stay. The well spouse will get to keep their home and its contents, one car, one burial plot and casket (per person), a funeral plan within certain limits, personal possession and in some situations, property used in

an on-going business. In 2021 if the couple had assets amounting to only \$25,284 then the well spouse can keep this money and the nursing home spouse would be eligible for KanCare. If the couple has more than \$128,640 then this amount is divided and the well spouse keeps their portion and the rest is used to pay for nursing home care. Once this share has been used then the nursing home spouse is eligible for KanCare.

You might want to consider talking with a lawyer about this process and application for division of assets.

## **Estate Recovery**

Estate Recovery is a program mandated by federal law for the recovery of medical assistance payments from the assets and estates of recipients of medical assistance. Medical assistance is commonly known as KanCare.

If you or your spouse end up in a nursing facility or home and community based services upon your death if you have any assets left the State of Kansas can file a claim in court to recovery payment. Money to pay for what they paid for your stay or services. If

there is a surviving spouse, surviving child under the age of 21 years, blind or permanently disabled child according to Social Security criteria, and the agency does not pursue a probate claim nor a lien at the time of your death due to surviving child.

**Kansas Advocates for Better Care**  
913 Tennessee, Suite 2, Lawrence, KS 66044  
800-525-1783  
www.kabc.org

**Purpose:** A non-profit organization which advocates quality long-term care for frail and elderly Kansans.

**Services:** The website and newsletter provides update on latest nursing home survey reports. This organization will provide consumers with information about any licensed long-term care nursing home in the state of Kansas.

**Long -Term Care Ombudsman**  
900 SW Jackson, Topeka, KS 66612  
Toll-free 877-662-8362 (Kansas Only)  
www.kansasombudsman.ks.gov

**Purpose:** To advocate for the well-being, safety and rights of residents of Kansas long-term care homes by assisting them in attaining the highest possible quality of life.

**Services:** Ombudsman will be a resident advocate and negotiator, problem-solver, educator, objective investigator and collaborator. They work with long-term residents and staff to meet resident's needs/concerns and investigates complaints.

**WHEN TO CALL AN OMBUDSMAN:**

If you suspect abuse, neglect, or exploitation of a long-term care resident. Questions or concerns about Medicaid coverage, Resident Rights, Transfer or Discharge. Seek information about long-term care facilities.

**Funding source:** Federal and State funds.

**Parkside Homes, Inc.**

200 Willow Rd., Hillsboro, KS. 67063

Hours: 24 Hours

Business Office: Mon-Fri 8:00am-5:00 pm

Saturday by appointment

[www.parksideks.org](http://www.parksideks.org)

**Purpose:** To provide a high quality of life to aging adults at all levels of our retirement community through compassionate, Christ-like, resident centered care and services that allow for dignity and growth.

**Services:** Independent Living homes and apartments, Assisted Living Apartments and Health Care, Respite Care, Short-term Rehab, Activities and Social Services.

**How to apply:** Contact Parkside for information.

**Fees:** Based on individual needs and level of care.

**Peabody Health and Rehab**

407 N Locust St, Peabody, KS 66866

(620) 983-2152

**Purpose:** To provide 24/7 nursing skilled or intermediate care to frail elderly.

**Services:** Long-term services (skilled and intermediate), a specialized Alzheimer's Unit and the Assisted Living Program. Rehabilitation services are provided in long-term care, short-term (post hospitalization) stays, and out-patient basis.

**How to apply:** Call number to make and appointment.

**Funding:** Accept Medicare, KanCare and private insurance.

**Salem Home**

704 S. Ash, Hillsboro, KS. 67063  
620-947-2272

Hours Open: 24 Hours 7 Days a week  
[www.salemhomeks.org](http://www.salemhomeks.org)

**Purpose:** To provide the highest quality of lifecare, health and rehabilitation services to our residents, family and community.

**Services:** 24-hour a day skilled and intermediate nursing care, and Physical, Occupational and Speech therapy if qualified. Independent apartments available.

**How to Apply:** Call 620-947-1479

**Fees:** Accept Medicare, KanCare and Private Pay. Cost is dependent on level of care.

**Funding Source:** Non-Profit Organization accepting all forms of payment.

**St Luke Living Center**

535 S Freeborn  
Marion, KS 66861  
620-382-3117

Hours Open: 24 Hours 7 Days a Week

**Purpose:** To provide high-quality care from experienced, caring professionals who work together with families to determine the comprehensive health care necessary for our residents.

**Services:** 24-hour a day skilled and intermediate nursing care along with various therapies.

**How to Apply:** Call number to make an appointment.

**Funding:** Accept Medicare, KanCare, private insurance and private funds.

## **Westview Manor**

500 Peabody Ave, Peabody, KS 66866  
(620) 983-2165

**Purpose:** A Mental Health home which provides residential care and rehabilitation treatment for persons experiencing severe symptoms of mental illness. They provide round-the-clock supervision and care for persons with mental illness needing this level of service.

**Services:** 24-Hour staffing, exercise and wellness activities, social and recreational activities, and scheduled outings/trips.

## **Pharmacy**

If you have Medicare, you can enroll in a Part D drug plan during the open enrollment period, which begins on October 15 and lasts until December 7 each year, with plan selections effective on January 1.

Enrolling in a Medicare drug plan is optional. If you elect not to enroll, you will pay for your prescription drugs on your own. Here's the tricky part. While you can choose not to enroll in a drug plan right away, if you decide later on that you do want a plan you have to wait until the open enrollment period and you will pay a penalty and a higher premium.

Three things to consider when choosing a Medicare Prescription drug plan they are: the lowest cost for the year, the plan covers all of your medications and you can buy your medicines at the pharmacy you use.

Some pharmaceutical companies offer their medications at a reduced price or sometimes free if you meet income guidelines. They may have coupons available for many of their name brand medications. Some companies help pay for medications when in

the deductible or in donut hole phase of Prescription drug plan. Assistance is sometimes available after you have reach a certain dollar amount and then they cover your medicine for the rest of the year.

The Marion County Dept on Aging can check to see if your medication is one you can receive assistance on.

**CK Pharmacy**

126 N. Walnut, Peabody, KS 66866

620-983-2313

Monday-Friday

Hours for Store: 10:00 a.m. – 5:30 p.m.

Pharmacy: 1:30 p.m. -5:30 p.m.

**Services:** Delivery of medications at no charge.

**Hillsboro Hometown Pharmacy**

508 S. Ash, Hillsboro, KS. 67063

620-947-3784

Hours: Monday-Friday 8:30 am- 5:30 pm

Saturday: 8:30 am- Noon

24 hour Emergency Number

**Services:** Delivery of Medications: \$1.00

Mail Delivery: \$2.00 or postage amount

Medication Packing- \$15.00 first time

set up and then \$5.00 per patient

for one month (cost includes packaging

of medication and delivery)

Medical Equipment available on-site.

Pharmacy staff will assist individuals in filing with insurance.

Diabetic Shoes-no cost to those who qualify on Medicare

**Lanning Pharmacy**

217 E. Main, Marion, KS 66861

620-382-2135

Hours: Mon-Fri 9:00 am-5:00 pm

**Services:** In-town delivery-no charge (deliveries are made after 5:00 pm)

Mail delivery-postage amount is added to bill.

Durable Medical provider-will try to order anything that is not available in stock. Medication set-up, counseling drug information, help with medical plans, Medicare Part D plans and yearly print out of prescription expenses for tax purposes.

Approximately \$15.00 per month for Medication cards.

**Smaller Senior Centers of Marion County**

**Burns Senior Center** meets at the Community Center, 301 N. Washington, Burns, KS. Meeting 2nd Tues. for noon potluck. Exercise Tues/Thurs mornings.

**Lincolnvile Senior Center** meets at the Community Center, 213 W. 6th, Lincolnvile, KS. Meetings every Wednesday at 1:30 pm

**Tampa Sunflower Senior Center** meets at the Senior Center 113 W. 3rd St. Tampa, KS. Meeting 2nd Tues. of the month for a noon potluck Sept-May.

**Transportation**

**Marion Co. Dept. on Aging Transportation**

309 South Third, Marion, KS. 66861

Hours: Mon-Fri 8:00 am-4:30 pm

**Purpose:** To provide transportation service to Marion County residents, who are 60+.

**Frequency:** Mon-Fri 8:00 am-4:30 pm (no evenings or weekends)

**Service:** Volunteers are used to provide transportation services so need at least a 24-hour notice to schedule transportation.

**How to apply:** Call 620-382-3580 to schedule a ride.

**Fees:** A suggested contribution based on miles traveled.

**Funding Source:** County and Contributions.

### **OCCK Transportation**

340 N Santa Fe Ave  
Salina, Ks 67401  
855-577-4337

Hours: Mon-Fri 8 am-5 pm

**Purpose:** To Provide safe, affordable, quality, efficient transportation for people of all ages.

**Services:** Me-A-Van service is a non-emergency medical transportation to and from Salina regional Health Center and its affiliates, including Salina Medical Arts building, Santa Fe Medical Plaza, Tammy Walker Cancer Center, Comcare locations, Veridian and Central Kansas Foundation. There is no cost and need an advance notice of at least 24 hours. Regional Para Transit Service is on-demand service, passengers seeking these services in Salina are required to meet medical eligibility due to fixed route regulations. Advance notice of at least 48 hours. There are fares for this transportation service.

**How to apply:** Call 785-826-1583.

## Veterans Services

Veterans Benefits is not health insurance. These are benefits where you use the doctors and hospitals at Veterans Administration (VA). VA recommends you take Medicare Part A & B. It is the Veterans choice to sign up for a Medicare Supplemental plan. You don't need to sign up for a Prescription Drug plan if getting medications from VA.

### **Kansas Commission on Veteran's Affairs**

1410 E Iron, Suite 3A  
Salina, KS 67401  
785-823-2862

**Purpose:** To provide veterans, their relatives, and other eligible dependents with information, advice, direction, and assistance of services and benefits through the VA.

**Services:** Provides assistance in filing claims, Service connected disability, non-service connect pension, Dependent's and Survivors' Benefits, Vocational rehabilitation, Life insurance, request of DD-214

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(Discharge Paper from active duty), appealing claims, burial benefits, health care, education and training, home loans and request of medals.

### **VetAssist Program**

11861 Westline Industrial Dr., Ste. 750  
St. Louis, MO 63146  
888-314-6075  
[www.veteranshomecare.com](http://www.veteranshomecare.com)

**Purpose:** To assist Veterans who protected our freedom to stay in their homes and live with dignity.

**Services:** They help veterans and their surviving spouses get home care while the VA reviews your claim.

**How to apply:** You must meet the VA requirements of service for a minimum 90 days active duty, with at least one day during wartime, and honorable discharge. You have a non service-connected disability which requires assistance with activities of daily living. You have limited resources in relation to medical expenses. Call the number above or go to online site.

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### **Veterans Representative**

700 N Jefferson St  
Junction City, KS 66441  
785-238-4522

**Purpose:** To provide assistance to veterans in applying for services and programs they are eligible for due to their time in the service.

**Service:** VA representative comes the 2<sup>nd</sup> Tuesday of the following months: Aug, October, December, February, April, June from 9:30 am-noon.

**Set up appointment:** Just come during the hours on the 2<sup>nd</sup> Tuesday of the month to the Marion Senior Center.

### **Vision**

#### **Envision**

610 N. Main St. #2, Wichita, KS 67203  
316-440 1600

Toll-free: 1-866-316-4646

Website: [rehab@envisionus.com](mailto:rehab@envisionus.com)

**Purpose:** Help individuals realize their best possible functional vision.

**Services:** Comprehensive functional assessment is completed in order for staff to develop a vision rehabilitation program which might include new glasses, training and use of vision aides including lighting and optical devices.

**How to apply:** Doctor Orders required for services.

### **Hillsboro Lions Club**

620-947-1636

**Purpose:** To assist people with limited income to purchase glasses.

**Services:** Assistance paying for glasses.

**How to Apply:** Call the number to acquire about getting glasses.

### **Hillsboro Public Library**

120 E. Grand Ave., Hillsboro, KS. 67063

620-947-3827

<http://hillsboro.mykansalibrary.org>

Hours Open: Monday-10 am -7 pm

Tuesday-Friday 10 am- 5 pm

Saturday 10 am – noon

**Purpose:** To meet the Hillsboro and surrounding communities need for reading, learning, information and personal growth.

**Services:** Hardbound, paperback and large print books. Audio books both on CD, cassette

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DVDs for personal viewing. Computers: for internet use, word processing and tax prep. Magazines; back issues may be checked out. Applications for Mail-a-book and Talking Book Services.

You must be a library patron to use most services. May apply for a library card with proper ID (picture ID with current address)

### **Marion City Library**

101 Library St. Marion, KS. 66861

620-382-2442

Hours Open: Monday - Fri- 10 am-5 pm

Saturday 9 am-1pm

**Purpose:** Serve the community with reading material and computer use.

**Services:** Books, newspapers, computers, DVD's audio books, Manhattan talking book service, magazines, large print books and homebound delivery. Computers for Internet use.

May apply for a library card to check out items.

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### **Talking Book Service**

North Central Library Service  
629 Poyntz Ave., Manhattan, KS 66502  
785-776-4741 ext. 143 or 800-432-2796 ext. 143  
www.manhattan.lib.ks.us

**Purpose:** To provide free library service for anyone unable to read regular print because of low vision, blindness or a physical disability.

**Services:** Provides books and magazines on tape plus descriptive videos to individuals through mail.

**How to apply:** Contact North Central Library by phone, application on website or your local library will have applications.

**Eligibility:** Any Kansas citizen that is certified as print impaired due to a visual or physical condition may apply for Talking Book services.

**Funding Source:** U.S. Congress, State and Local government

### **Wichita Radio Reader Service**

3317 17th St. N., Wichita, KS 67208  
316-978-6600  
www.kmuw.org

**Purpose:** Provides the print handicapped of South Central Kansas with daily readings of newspapers, current periodicals, novels, poetry readings, short stories and other creative presentations.

**Services:** Provides local and national programming twenty-four hours a day, seven days a week to print handicap individuals through a receiver.

**Eligibility:** Any person who due to a physical, vision or cognitive handicap is no longer able to read 14-point type with ease.

**How to Apply:** Call office for application or complete application on website. The individual will then receive a receiver which is preset to the special subcarrier signal to receive the program.

## **Toll Free Numbers & Websites**

### **Emergency Numbers**

Ambulance.....	911
Fire- To Report.....	911
Statewide Info & Assistance.....	211
Kansas Road Conditions.....	511
Poison Information Control Center.....	1-800-222-1222

### **Information and Referral Numbers**

Marion Co Dept on Aging.....	620-382-3580
NC-FH Area Agency on Aging.....	1-800-432-2703
Kansas Dept on Aging and Disability Services .....	1-800-432-3535
Out of State call.....	1-785-296-4986

Salina Social Security Office.....1-877-405-3494

### **Aging Information**

Elder Abuse (abuse, neglect, exploitation)	
In the community.....	800-922-5330
In an adult care home.....	800-842-0078
In a SRS facility.....	800-221-7973
Eldercare Locator.....	800-677-1116
(National service which helps individuals find information about community services outside of Kansas)	

### **Consumer Matters**

Consumer Product Safety.....	800-638-2772
KS Attorney General's Office.....	800-432-2310
Atty General Victim's Rights.....	800-8282-9745

### **Insurance & Tax Matters**

KS Insurance Commissioner.....	800-432-2484
Medicare.....	800-633-4227
SHICK Hotline (Senior Health Insurance Counseling in Kansas) .....	800-860-5260
KS Refund Status Line.....	800-894-0318
Federal Refund Status Line.....	800-829-1954

### **Health**

Alzheimer's Help Line.....	800-272-3900
American Diabetes Ass.....	800-362-1355
American Heart Ass.....	800-242-8721

Cancer Info Service.....800-422-6237

Deaf & Hard of Hearing.....800-432-0698

EYE Care Hotline.....800-222-3937

Parkinson’s Foundation.....800-327-4545

Kidney Foundation.....800-622-9010

**Law**

Elder Law Hotline.....888-353-5337

Consumer Protection Unit.....800-432-2310

SCAMS Hotline.....888-407-2267

Disability Rights Resource.....877-776-1541

Crime Victim’s Rights.....800-828-9745

**Other**

Kansas Relay Center-TDD.....800-766-3777

Social Security Admin.....800-772-1213

Talking Books.....800-362-0699

Telemarketers (No Call List).....888-382-1222

Better Business Bureau.....800-445-0116

**Websites**

AARP.....www.aarp.org

Alzheimer’s Association.....www.alz.org

Arthritis Foundation.....www.arthritis.org

Caregiving.....www.caregiving.org

Eldercare.....www.eldercarelink.com

ElderWeb.....www.elderweb.com

Grandparents.....www.grandparents.org

Healthy Aging.....www.cdc.gov

Home Instead Sr. Care.....www.homeinstead.com

KS Dept on Aging.....www.agingkansas.org

Kansas Insurance Dept.....www.ksinsurance.org

Kansas SRS.....www.srskansas.org

Medicare.....www.medicare.gov

Nat’l Stroke Ass.....www.stroke.org

NC-FH Area Agency on Aging.....www.ncfhaaa.com

