Board of Directors Meeting Tampa Sr. Center Tampa, KS. April 15, 2022---10:00 a.m.

Dinah Richmond, Chairman called the meeting to order with the flag salute and one verse of My Country Tis of Thee. Gayla gave the Invocation. Kathy Kroupa welcomed everyone to Tampa. There were two April Birthdays; Dinah Richmond and Gayla Ratzlaff and no anniversaries.

Dinah Richmond, Chairman asked for a motion to approve the March 18, 2022 minutes. Mary Rogers made a motion to approve the minutes, Pat K Hendrson second, motion carried.

Flo Rahn, Secretary/Treasurer gave the Treasurer's Report that a Commodities mileage check had been received and drivers received their mileage check.

<u>Business</u>: There were one Mill/Levy requests. Flo Rahn made the request for Hillsboro senior Center for assistance for March utility bill of \$581.41. Barbara Craney made a motion to pay half (293.20, Pat Henderson seconded and motion carried. Gayla reported that Larry Smith was interested in serving on the SCMC Board. Pat K Henderson made a motion to approve Larry Smith to serve on SCMC Board, Flo Rahn seconded and motion carried. Dinah Richmond, Chairman opened discussion about the four applicants for the 2022 SCMC Scholarship. The Board voted by ballot and <u>Lexis Brewer</u> from <u>Centre High School</u> was chosen and will be awarded the <u>2022 SCMC Scholarship</u>.

Gayla Ratzlaff, Coordinator handed out her Coordinator's Correspondence. The Department completed 68 Federal/State returns and 54 homestead for tax season. Farmer's Market Voucher will be available June 1, 2022. Gayla asked the Board to think about, who they would like to honor at the 62nd Annual meeting.

Mary Rogers, ONE Committee Chairman had no report.

Pat K. Henderson, Health Service Providers Committee Chairman shared information flavoids, which is chemical compounds found in fruits and vegetables. A study was done on 900 people and found that blood pressure improved on people, who ate 1 ½ servings of blueberries. A Harvard study on 1000 men and women found eating vegetables and fruits with flavoids lowered the risk of cognitive impairment.

Mary Rogers, Senior Center Committee Chairman called Senior Center roll. Marion celebrated the volunteers and Myrta Billings giving a presentation next week. Peabody Senior Center is continuing its chair exercise. A local beautician came in and talked about how to keep your hair from turning yellow. Myrta Billings has been coming in monthly and giving a presentation. Hillsboro Senior Center held a jam session. They are celebrating an Easter Dinner today and birthdays on April 25th. Lincolnville is playing dominoes once a week. Tampa is meeting once a month. They have an medical equipment closet named after Dee Duggan. Contact people to get equipment is Kathy Kroupa or Connie Mahan.

Doug Taylor, Transportation Committee Chairman had no report.

Barbara Craney, Nominating By-Laws Committee Chairman had no report.

Barbara Smith, SHL Representative was absent.

Dinah Richmond, NC-FH, AAA Board Member had no report..

Linda Semple, NC-FH, AAA Field Representative distributed the April 2022 Field announcements. She reported next week is National Volunteer Week. May is Older Americans Month the theme is "Age My Way". There will be Sunflower fair in September. They will be doing honorees this year.

Meeting adjourned.

Flo Rahn, Secretary

6 Board Members and 4 others