

Senior News & Views

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September 18, 2017

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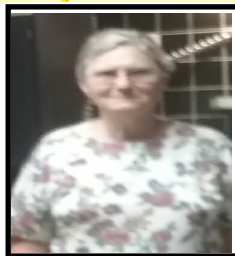
LAFF FOR THE DAY:

"Where did the first corn come from?"



The stalk brought it!

FEST OF THE WEST! Sunflower Fair



Joan Lago of Peabody
Sensational Sunflower

2018 Medicare Part D Prescription Drug

Prescription Drug Enrollment begins October 15 through December 7. Individuals should be receiving information by the first of October about the 2018 changes to the present plan you are in now. Most plans do have a change in their yearly premium plus if your plan had a deductible it may be going up to \$405.00. The initial coverage before you go into the donut hole has been increased to \$3750.00 from \$3700.00. In 2018,

Part D enrollees will receive a 65% discount on brand name drugs and 56% discount on generics if you get into the donut hole. Because of these changes it is always important to compare each year to make sure you have the best plan which covers all or most of your medications and is the least expensive for you. Presently, there is not much information out about specific plans for 2018. The Marion County Dept. on Aging will

ment period to do plan comparisons, discuss your options and enroll you in a new plan. Gayla Ratzlaff, Coordinator will be available at the three Nutrition Sites during the enrollment period please watch your local newspaper for days and times. Or call the Marion Co. Dept. on Aging office to schedule an appointment at 620-382-3580.



The 2017 Fest of the West Sunflower Fair

Marion County's "Sensational Sunflower" **Joan Lago** of Peabody, Kansas was honored on Sept. 19, 2017 at the NC-FH AAA Sunflower Fair. She was chosen by the SCMC Board.

She volunteers two days a week in the kitchen at Peabody Sr. Center Nutrition Site. Always with a smile and "let's get it done attitude". She also provides rides to senior citizens to doctor ap-

pointments, shopping, etc. The Kansas sun shines brightly on our Marion County selection for Sensational Sunflower.



**1960****SCMC 57th Anniversary 2017**

The Senior Citizens of Marion County, Inc. will be holding their 57th Annual Meeting on Thursday, October 19, 2017 at noon at the Marion Sr. Center. This year the SCMC Board will be honoring 9 local nurses. The guest speaker for the Annual Meeting will be Sally Andrews, RN. A Free Will Offering will be taken to continue the SCMC goal of providing a scholarship

for a Marion County High School 2018 Graduate interested in pursuing a degree in an age-related field such as medicine, nursing, social work, gerontology and therapies (physical, speech and occupational). The registration cost for the event is \$5.25 and includes lunch menu: Country Fried Steak, Mashed Potatoes with Gravy, Green Beans, Salad and

Apple Crisp. The deadline for registration is October 9, 2017. You can pay for registration at



Five Ways To Lower Drug Costs



The first is to talk with your Doctor to find out if there are generic or less-expensive brand-name drugs that would work for you. Choose a plan that offers additional coverage during the gap. There are plans that offer additional coverage during the cover-

age gap, like for generic drugs. Plans with additional gap coverage may have a higher premium. Some drug companies offer help for people enrolled in Medicare Part D. Medicare and Social Security have a program for people with limited income and resources that helps

have the following guidelines: single person yearly income less than \$18,090.00 (\$24,360.00 for married couple) and up to \$13,820.00 in resources (\$27,600.00 for married couple). The Marion Co. Dept. on Aging will be glad to discuss ways to lower your costs.



Vial for Life

The Marion County Emergency Medical Services provided our office with Vial of Life forms. This is a form you fill out, place this information in a plastic baggie with the decal and attach it to your refrigerator door. You then put the second decal on your front door at eye level. This lets

your local first responders know where your medical information is located. You can come by our office during regular working hours 8:00 am to 4:30 pm or call us at 620-382-3580 and we will mail out the forms to you.

Marion County Dept. on Aging



309 South Third, Marion, KS Operates a transportation service that is available to persons 60+ for a suggested contribution. Persons requesting transportation need to comply with the guidelines and give a 24 hour notice. The service is operated with volunteer drivers. Call 620-382-3580 to schedule a ride.

Foster Grandparent Program



This past summer Butler County Department on Aging received the

Foster Grandparent Grant. This program will be serving six counties which includes Marion. This program is for individuals 55 or older and can spend 20 hours a week in a classroom empowering and mentoring Kansas children. The individual would be assigned to a local Head Start Cen-

ter, schools or other youth facilities to help children learn to read, provide one-on-one tutoring and guide children at a critical time in their lives. The program will provide paid orientation and training, transportation reimbursement, lunch while on duty, accident and Personal Liability Insurance coverage. Plus volunteers meeting eligibility requirements may qualify to earn a \$2.65 tax-free hourly stipend, there is no tax withholding from your stipend and this does not

count against any government benefits or programs. If you are interested you need to call Butler County Department on Aging at 316-775-0500.



Flu Shots

Getting an annual flu vaccine is the best way to protect yourself and family from the flu. Flu vaccination can reduce flu illnesses, doctors' visits, missed work as well as prevent flu-related hospitalizations. The more people who get vaccinated, the more people will be protected from flu. Flu vac-

cines protect against the three or four viruses that research suggests will be most common. The Marion County Health Dept. will be doing Flu Clinics every Wednesday Sept. 20 through Oct. 18 from 9:00 a.m. to 4:00 p.m., please call and make an appointment at 620-382-2550. Times for surrounding

Community Center Oct. 2 from 5-7p.m., Florence Ambulance Center Oct. 3 from 5-7 pm, Centre School Lobby Oct. 9 from 3-5 pm, Peabody Elementary Oct. 16 from 4-6 pm, Goessel School Oct. 17 from 3-5:30 pm and Hillsboro Middle School Oct. 30 from 4-6:30 pm.



Mark your calendar for the upcoming events: ✓

OCTOBER: October 7-Lincolnvile October Fest, October 10-Flu Shot Clinic-Marion Sr. Center from 1:00-2:30 p.m. & October 19-SCMC 57th Annual Meeting-Marion Sr. Center

NOVEMBER: November 17-SCMC Bd. Mtg.-Peabody Sr. Center, County Offices closed for these holidays-November 10-Veterans Day, November 23 & 24 Thanksgiving Holiday

DECEMBER: December 15-SCMC Bd. Mtg.-Marion Sr. Center, County Offices closed for these holidays-December 25 & 26-Christmas Holidays and January 1, 2018-New Year's Day Holiday.

Senior Citizens of Marion County, Inc.

309 South Third

Marion, KS. 66861

620-382-3580

aging@marioncoks.net

Non-Profit

U.S. Postage Paid

Permit 20

Marion, Kansas. 66861

Address Service Requested

Drivers License Renewal: Vehicle Dept. Courthouse Tuesday through Friday:

8:30 a.m. to 4:00 p.m. Ph. 620-382-3106

Keep the following agencies & phone numbers handy:

Marion County Health Department all day clinics on Wednesdays - 620-382-2550

Marion County Home Care - Marion - 620-382-3690

Mental Health Service - Hillsboro - 620-947-3200

Veteran Service Rep. - 2nd Tues. even number months-10:00 a.m. at Marion Sr. Center

Social Security - Toll Free-1-800-772-1213 or call Salina Office-1-877-405-3494

Dept. of Children & Families - Newton Office -1-888-369-4777 or 316-283-3015

Central Home Care - Newton - 316-283-8220 or 1-800-301-9499

Harry Hynes Memorial Hospice - Wichita-1-800-767-4965

Gentiva Hospice of Kansas - McPherson - 620-245-0891

Kansas Alzheimer's Help Line - 1-800-432-3535

DO NOT CALL LIST - 1-888-382-1222 - To have your phone number removed from the tele-marketers call list you must dial this number from your home or cellular phone.

EMERGENCIES DIAL 911