

Senior News & Views

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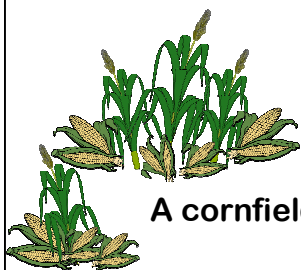
*"How beautiful the
leaves grow old.
How full of light
and color are their
last days.."*

John Burroughs



LAFF FOR THE DAY:

"What has ears but
can't hear a thing?"



A cornfield!



Bob Delk of Hillsboro
Sensational Sunflower

My Medicare Account

The Medicare.gov website has changed since last year. The main change is you can do a search for your 2020 prescription drug plan through you're My Medicare Account. You can still do a basic or personalized search but you won't be able to save your drug list. The only way to keep your drug list is by having a My Medicare Account. The benefits of having a My Medicare Account is you can track your personal health information, view and print your

current prescription medications, take advantage of the Blue Button's useful features and access Medicare publications. You will need your Medicare card to create your account. On the Medicare.gov website there is a box right under the picture which says "Create an Account". You will fill in your Medicare number, name, date of birth and other information that the online form requests. You don't have to have an email account to

register. You will also need to create a username and password, you might want to keep that information in a safe place. The My Medicare Account gives you a convenient way to manage and access both Medicare and Health Information online. If you have trouble accessing the My Medicare Account you can call for free technical assistance 24 hours a day, seven days a week (except on Federal holidays).



Hello Yellow Brick Road-2019 Sunflower Fair

Marion County's 2019 "Sensational Sunflower" **Elmer "Bob" Delk** of Hillsboro, Kansas was honored on Sept. 17, 2019 at the NC-FH AAA Sunflower Fair. He was chosen by the SCMC

Board. Bob has lived in Marion County all his life. He learned to love music at a young age, learning to play guitar around age 10. He plays "by ear" never having learned to read musical notes.

Bob, at age 97 has enjoyed giving programs at Hillsboro, Marion and Peabody Senior Centers. Thanks, Bob you are indeed a Sensational Sunflower!



**1960****SCMC 59th Anniversary 2019**

The Senior Citizens of Marion County, Inc. will be holding their 59th Annual Meeting on Thursday, October 17, 2019 at noon at the Hillsboro Sr. Center. This year the SCMC Board will be honoring 10 volunteers. The guest speaker is Noelle Dickinson, Marketing Director at Newton Presbyterian Manor. A Free Will Offering will be taken to continue the

SCMC goal of providing a scholarship for a Marion County High School 2020 Graduate interested in pursuing a degree in an age-related field such as medicine, nursing, social work, gerontology and therapies (physical, speech and occupational) The registration cost for the event is \$5.25 and includes lunch menu: Smothered Pork Chop, Mashed Potatoes/

Gravy, Green Beans and Dessert. The deadline for registration is October 7, 2019. You can pay for



IRS/Social Security Scams

The Marion Co. Dept. on Aging has received phone calls in regards to people having received phone calls from the IRS or Social Security about their accounts. Remember these following guidelines. The IRS/Social Security does not notify people of issues by phone until it has sent written communications, usually multiple times. The SSA does contact some recipients by phone, but they're almost always because you have contacted them about a matter presently. A SSA/IRS employee will "never threaten you for information; they will not state that you face potential arrest or other legal action if you fail to provide information." "The agency states in such cases, the

call is fraudulent." So just hang up on the caller. Government agencies don't make idle threats such as saying they'll freeze your assets, revoke your driver's license or change your immigration status. If you have legitimately broken the law the government will follow due process. The IRS doesn't send out unsolicited emails or ask for detailed personal and financial information via email. The IRS/Social Security don't accept payments via gift cards-period. Another scheme is a direct mail scam that primarily targets senior citizens. A letter comes in the mail offering an extra security check, along with a form asking for personal information and a filing fee. In the letter, the scammer asks

ey, and/or bank account information to help with the application. Again, this is a red flag, since the Social Security Administration will never ask for a full Social Security number, since it already know it.



Prescription Drug Enrollment

Open enrollment is less than a month away. It runs October 15 through December 7. You should be receiving material from your present plan by the first of October which will tell you of any changes to their plan such as premium, deductible and medication tiers. Sometimes they will tell you if they are not covering a medication you are on. The deductible this year can be as high as \$435. During the donut hole or coverage gap you will pay

25% for brand name drugs and 36% for generics. The pharmacies in Peabody, Hillsboro and Marion will do comparisons for you if you purchase your medications from them. The Marion Co. Dept. on Aging will be glad to do your comparison and enroll you. Gayla will be at the Marion office during Open Enrollment except for these days she will be at the Hillsboro Sr. Center on Tuesday, October 22, Thursday, November 7 and Tuesday, November 26 from 8:15 a.m.

to 4:30 p.m. call 620-947-2304 to set up an appointment. Gayla will be at Peabody Sr. Center on Friday, October 25 and Wednesday, November 13 from 8:30 a.m. to Noon call 620-983-2226 to make an appointment. The days planned to be at Bethesda Home in Goessel are on Thursday, October 31 and Tuesday, November 19 from 8:30 a.m. to 4:30 p.m. to make appointment call the office 620-382-3580. Please bring a list of medications, dosages and your

Just Ask Series

The Newton Presbyterian Manor in Newton is offering a three session series beginning in October. When someone is diagnosed with Alzheimer's there are many questions. Family and friends want to know what the diagnosis means, how to plan and where are resources as the disease

progresses. The classes are on Thursdays on the following dates October 3, 10 and 17 from 9:00 a.m. to 11:00 a.m. and you can attend one or all of them. Contact Noelle Dickenson at 316-283-5400 by October 1 to register.



Flu Shots



The Marion County Health Department will be doing Flu Clinics every Wednesday starting September 25 from 8:30 a.m. to 4:30 p.m. Call to make an appointment at 620-382-2550 or also to check times for surrounding towns Flu Clinics.

Mark your calendar for the upcoming events:

OCTOBER: October 5-Lincolnvill October Fest, October 7-Flu Shot Clinic-Marion Sr. Center from 12:30-1:30 p.m. & October 17-SCMC 59th Annual Meeting-Hillsboro Sr. Center

NOVEMBER: November 15-SCMC Bd. Mtg.-Peabody Sr. Center, County Offices closed for these holidays-November 11-Veterans Day, November 28 & 29 Thanksgiving Holiday

DECEMBER: December 20-SCMC Bd. Mtg.-Marion Sr. Center, County Offices closed for these holidays-December 24 & 25-Christmas Holidays and January 1, 2020-New Year's Day Holiday.

Senior Citizens of Marion County, Inc.

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620-382-3580

aging@marioncoks.net

Non-Profit

U.S. Postage Paid

Permit 20

Marion, Kansas. 66861

Address Service Requested

Drivers License Renewal: Vehicle Dept. Courthouse Tuesday through Friday:

8:30 a.m. to 4:00 p.m. Ph. 620-382-3106

Keep the following agencies & phone numbers handy:

Marion County Health Department all day clinics on Wednesdays - 620-382-2550

Marion County Home Care - Marion - 620-382-3690

Mental Health Service - Hillsboro - 620-947-3200

Veteran Service Rep. - 2nd Tues. even number months-10:00 a.m. at Marion Sr. Center

Social Security - Toll Free-1-800-772-1213 or call Salina Office-1-877-405-3494

Dept. of Children & Families - Newton Office -1-888-369-4777 or 316-283-3015

Central Home Care - Newton - 316-283-8220 or 1-800-301-9499

Harry Hynes Memorial Hospice - Wichita-1-800-767-4965

Gentiva Hospice of Kansas - McPherson - 620-245-0891

Kansas Alzheimer's Help Line - 1-800-432-3535

DO NOT CALL LIST - 1-888-382-1222 - To have your phone number removed from the tele-marketers call list you must dial this number from your home or cellular phone.

EMERGENCIES DIAL 911