

Board of Directors Meeting  
Marion Senior Center  
Marion, KS  
February 17, 2023---10:00 a.m.

Dinah Richmond, Chairman called the meeting to order with the flag salute and one verse of “My Country Tis of Thee.”. Janet Bryant gave the welcome. Gayla Ratzlaff gave the Invocation. There were two birthdays: Barbara Smith, Carol Scofield and no anniversaries. Lynn Hardway was visiting to consider joining the Senior Citizens of Marion County Board. The SCMC board members introduced themselves and welcomed her.

Dinah Richmond, Chairman asked for a motion to approve the January 20, 2023 minutes. Larry Smith made a motion to approve the minutes, Pat Henderson second, motion carried.

Flo Rahn, Secretary/Treasurer’s Report gave the report of Checking: \$2,514.17. She wrote checks out for commodity drivers and paid for state not for profit.

Business: There was no Mill/Levy request

Gayla Ratzlaff gave a report on doing federal/state returns along with Homestead refunds. She reported they had found someone in Goessel to do the USDA Commodities. She informed the board she would be retiring in spring.

Larry Smith, ONE Committee Chairman had no report and committee will meet in March.

Pat Henderson, Health Service Providers Committee Chairman spoke about sleep. Problems with sleeping can be related to being overweight and having anxiety. She reported too much sleep can cause high cholesterol. There is an 24% increase in heart attacks when change to daylight savings time.

Carol Scofield, Chairman did roll call of the Senior Centers present. Burns had a senior meal in February. They are planning on putting flowers in their flower beds at the Community Center. Lincolnville were displaced from Community center due to remodeling. They have been meeting at various homes on Wednesday and went to eat at Al’s Café. Hillsboro plays dominoes on Monday and Bingo on Wednesday. Their programs and activities included a jam session, food care, Blood pressure check and a birthday dinner. They are working on getting bids to paint the inside and outside of building. Peabody received a grant to replace Kitchen floor they are serving their meals Feb 20-24 at the Christian Church. Myrta Billings came and did a program and they watched the movie “Dogs”. Dollar General gave Valentine balloons to everyone at the senior Center. Marion had a program by Myrta Billings. Tampa was absent.

Doug Taylor, Transportation Committee Chairman reported the 2018 Dodge van had 8 trips in January and was driven 302 miles. The 1997 Van was not driven. Doug shared he had someone a Mid-way mortors keeping an eye out for a used van.

Barbara Craney, Nominating, By-Laws Committee Chairman had no report.

Barbara Smith, SHL reported she and Mary Olsen attended the Older Kansans Day in Topeka on February 14<sup>th</sup>. They visited with legislator about an increase in food budget for AAA. She said it looked like they might not expand the Medicaid program for people 18-64. The SHL got a new President. Barb attended three day tax session in Wichita.

Dinah Richmond, NC-FH AAA Board member attended Nc-FH AAA training in Manhattan.

Linda Semple, NC-FH AAA Field Representative distributed the February 202e Field Announcements. She said they had a successful Kansas Day at the Capitol on February 14<sup>th</sup>. March is March for meals for local Senior Centers. She reported that Julie was testified at the Kansas Legislature on the nutrition program and was asking for 3 million for the program. They are looking for volunteers for the SHICK program. They have started working on the Sunflower Fair in Salina next September.

Meeting adjourned and the group enjoyed a delicious Friendship Meal at the Hillsboro Nutrition Site.

Flo Rahn

8 Board Members and 3 others









































