

Board of Directors Meeting
Hillsboro Sr. Center
Hillsboro, KS.
January 20, 2023 10:00 a.m.

Dinah Richmond, Chairman called the meeting to order with the flag salute and one verse of “My Country Tis of Thee.” There were no birthdays or anniversaries for the month of January. Joyce Barkman, Hillsboro Sr. Center gave the welcome. Gayla gave the invocation.

Dinah Richmond, Chairman asked for a motion to approve the December 16, 2022 minutes. Larry Smith commented the time on the agenda and minutes says 9:30 am. Pat Henderson made a motion to approve with the correction of the time, Carol Scofield seconded and motion carried. Flo Rahn, SCMC Treasurer gave the treasurer report: Checking: \$2,234.39, Savings-\$2,922.60 and M.B. Foundation-\$10,027.36.

Business: There were one Mill/Levy requests. Gayla Ratzlaff presented a request from Marion Senior Center for property insurance of \$1049.00 and asking for half \$524.50. Flo Rahn made a motion to pay for ½ (\$524.50) Pat Henderson seconded and motion carried. The 2023 Scholarship was discussed. Barbara Craney made a motion to keep the scholarship at \$500, Larry Smith Seconded and motion carried.

Gayla Ratzlaff, Coordinator distributed her handout. Gayla will start doing taxes the first of February. She also shared some of the changes to 2022 taxes. She shared about the Food sales tax that just went into effect Jan 1, 2023.

Larry Smith, ONE Committee Chairman reported the next meeting would be in March.

Pat Henderson, Health Services Providers Committee Chairman, shared about “long” Covid symptoms. She reported that 1 in 5 people, who had Covid develop “long” Covid symptoms. These symptoms can appear anywhere from a couple months after the person has had covid and even up to a year. Long covid treatment can reduce ability to exercise to help you recover from the symptoms. People pushing themselves can make it harder to recover.

Carol Scofield, Senior Center Committee Chairman called roll: Burns: have weekly exercise class and had a potluck on second Tuesday. Lincolnville continues to play dominos and had two new people from Herington area join them. Marion had Myrta Billings from K-State Extension give a health talk. The Marion Senior Center celebrated Janet Bryant being nutrition site manager. Peabody had a program by OCCK on Alzheimers and St Luke’s Life Solution gave a program. nThey have not had exercises or movies since site manager has been out sick and death of her father. Hillsboro had a program by Myrta Billings. They had a jam session, sing along and birthday dinner.

Doug Taylor, Transportation Committee Chairman, reported 2018 Dodge caravan had two trips in Dec (158 miles) and 1997 Dodge Van had no trips. Ron Warkentin brought up about replacing 1997 van. He said he saw a 2017 9 passenger van with 63,000 thousand miles for \$54,00 and a 2023 15 passenger van for \$60,000.

Barbara Craney, Nominating, By-Laws Committee chairman had no report.

Barbara Smith, SHL Representative reported SHL thanked everyone for the sympathy card for son-in-law. She said her daughter had a lot of medical supplies she doesn't know what to do with it. Someone suggested she give to Dee's Medical Closet in Tampa. She said this is a sign up year for her to be SHL. She reported there are 3 kinds of Homesteads for Kansa this year (seniors, disability persons and veterans) She is serving on the nursing home committee.

Dinah Richmond, NC-FH AAA Board representative reported she was unable to make meeting due to filling in for Peabody nutrition site manager.

Linda Semple, NC-FH AAA Field Representative talked about Older Kansans day will be on February 15th and start at 8:15 am. She brought some registration forms. She reported that the food services had a deficit of \$700,000 and was now down to \$200,000. She said they have gone to universal menu for all the nutrition sites. She has a hand out sheet with the talking points to discuss with our legislators if we attend. They are looking for SHICK volunteer counselors. She also reported the Shingle shot is free.

Meeting Adjourned

Flo Rahn, Secretary

9 Board Members and 3 others